

COVID-19 Guidelines for Students of Bangalore

03 February 2022

Dear Christite,

As we look forward to having you back on campus, here are a few points that you must bear in mind, and strictly follow, in order to ensure your safety and that of every student and staff member on the University campuses.

1. On-campus instruction will resume from 07 February 2022 for all undergraduate and postgraduate programmes. There will be no other /alternative mode of instruction.
2. In order to attend on-campus course instruction or to visit the campuses of the University, you are required to have taken either at least one dose of two-dose COVID19 Vaccine or a single dose vaccine. Please carry the proof of vaccination either as a digital copy or print out.
3. If you have had COVID-19 infection and have recovered from it during the three months prior to your visit to campus, you are exempted from vaccination. However, you should carry a medical report of COVID-19 infection and the last COVID-19 negative report after the infection.
4. If you are unable to get vaccinated due to medical reasons, you can attend classes based on the following:
 - a. A letter of consent from the parents stating that you are aware of the risks involved and submit it to your class teacher.
 - b. Give a letter to the class teacher assuring them that you will follow strict COVID-19 Appropriate Behaviour (CAB) to keep the campus and yourself safe.
5. Those born in 2004 and earlier are eligible for vaccination. You may contact the Medical Officer for clarification: medical.officer@christuniversity.in
6. Periodic COVID-19 vaccination drives are being held on campus. These are free of cost. You are encouraged to avail of this facility in case you are eligible and due for vaccination.
7. If you are travelling from Kerala, Maharashtra or Goa, you are required to produce a negative RT-PCR report obtained from an ICMR Approved Lab issued not earlier than 72 hours while reporting to the Bengaluru campuses.
8. If you are staying in the University Student Halls, you should carry a negative Rapid Antigen Test (RAT)/RT-PCR report obtained not earlier than 72 hours before their reporting to the Student Halls, irrespective of where you have travelled from.
9. Please carefully read and strictly observe the 'Standard Operating Procedure for Prevention of COVID-19' published in the student account in Knowledge Pro as well as the University Website. This includes:
 - Wearing of facial mask at all times
 - Physical distancing of more than one metre at all times
 - Frequent hand-washing / sanitising
 - Not more than four (4) persons to be seated together at the cafeteria tables
 - Restricted number of persons in the elevators as indicated by the signages
 - Avoiding gatherings and crowds in and outside the campus
10. In case of symptoms such as cold, cough, fever, headache, breathing difficulty, vomiting sensation, diarrhoea or loss of taste or smell, please visit the nearest fever clinic, the list of which may be found in the following website of Government of Karnataka: <https://covid19.karnataka.gov.in/new-page/Fever%20Clinics/en>
11. Do not come to campus if you are experiencing any COVID-19-like symptoms or if you are a primary contact of a COVID-19 positive person. In such cases inform your class teacher

and follow the latest guidelines as per the Commissionerate of Health & Family Welfare Services, Government of Karnataka *letter No: NVBDCP/EST7B/Covid19/ 2020-21, Date: 18-01-2022*, which states:

Testing:

- All symptomatics shall compulsorily be tested by RAT and the RAT negatives shall be followed up by RT-PCR as per ICMR protocol.
- All Primary contacts-at home and workplace including asymptomatics, irrespective of age and comorbidities, shall be tested.

Isolation:

The patient under home isolation shall be released after at least seven (7) days have passed from testing positive and no fever for three (3) preceding and successive days. There is no need for requirement for re-testing after the home isolation period is over.

Quarantine for Primary contacts:

Seven (7) days of home quarantine and no testing is required before release.

12. If you fall in category 11 and are in isolation or quarantine, please inform your class and course teachers so that you may be supported by the buddy system, remedial classes and additional requirements as decided by your respective department heads/coordinators.
13. If you are travelling from outside India, you are expected to follow all the additional requirements as per the Government of India mandate.
14. If any case/ suspected case is reported in your class
 - Ask the student to seek medical attention immediately
 - Inform your class teacher immediately
 - Classmates of the COVID-19 case/suspect student who are primary contacts, need to be identified and instructed to follow the testing and quarantine guidelines as in point number 11
15. If any student staying on campus or outside the University contracts COVID-19, they can avail of the isolation facility in the Sports Complex, next to the Central Block, at the Bangalore Central Campus, until their family members arrive to take care of them. The University will arrange for primary medical care and food at this facility during their stay.
16. Please remember that taking part in regular sports, extracurricular events and utilising the numerous facilities available to you on campus while being sensitive to observe Covid Appropriate Behaviour, will boost your immunity as well as help you make the best of campus life.

We hope you will ensure the safety of one and all by adhering to all the above protocols as we welcome you back to campus and wish you the best.

Sd/-
(Dr Anil Joseph Pinto)
Registrar

03 February 2022