

## WORKSHOP

# Decoding the Childhood Behavior through different Therapeutic Approaches

**Target Population:** 

Researchers, Masters Students, Teachers, Parents



Dr. Uma Krishnan

Clinical Psychologist

Spandhana Center for Special Needs,

Calicut, Kerala.

Organised by

**Nodal Office** 

CHRIST ( Deemed to be University)

Trivandrum, Kerala

tymechristuniversity.in

EVERY SATURDAY FROM JULY 10,2021 6.00PM-8.00PM IST

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This is an Initiative by Nodal Office, CHRIST (Deemed to be University).



### **SESSIONS**

Identifying Childhood problems
 Behavioral Aspects
 Neurocognitive methods
 Play and art therapy
 Assignments

## Dr. Uma Krishnan

### **Educational Qualification**

• PhD in Psychology

### **Areas of Interest**

- Teaching and Research.
  - Hypnotherapy
- Behavioral and Cognitive Behavior Therapy
  - Stress management
  - Psycho diagnostic assessments
- Neuropsychological assessments and Rehabilitation

### **Work Experience**

- Currently she is associated with Abhyan Center, Bangalore, working with individuals with Autism Spectrum Disorders from 2015 and with Spandhana Centre for special needs, Calicut from 2017.
- · Work experience for 15 years in different areas of psychotherapy and counselling.

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