



CHRIST

(DEEMED TO BE UNIVERSITY)

BANGALORE · INDIA



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SL.NO	EVENT NAME
1	A Handful of Food
2	Skill Development
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SDG 1: No Poverty

CHRIST (Deemed to be University), Bangalore

School/department of Law

Centre for Social Action Committee SLCU 2022-2023

Activity Report

General Information

Type of Activity	Voluntary Donation
Title of the Activity	A Handful of Food
Date/s	4 th to 8 th August 2022
Time	8:30 PM to 4:30 PM
Venue	School of Law, CHRIST (Deemed to be University)
Collaboration/Sponsor (if any)	Department of Hotel Management and Centre for Social Action, CHRIST (Deemed to be University)

Participants Profile

Type of Participants	Students and Faculties of SLCU
No. of Participants	-

Synopsis of the Activity

Highlights of the Activity	On the occasion of 175th Anniversary of the establishment of the first educational institution by St Kuriakose Elias Chavara, BHM and CSA are organizing a mid-day meal programme for the government school children. The contribution is of dry ingredients like rice, cereals, pulses, dry masala powders, spices, oil, ghee packets, fresh vegetables etc. A box full of items donated were given to hotel management.
Key Takeaways	The students were able to understand the importance of giving back to the society and lack of nourishment of underprivileged children.
Summary of the Activity	Boxes were kept in the quadrangle in order to collect the food items. Poster were put up and messages were sent across classrooms and volunteers regarding the collection drive. On 8 th August, the collected food items were hand overed to the Hotel Management Department by CSA Volunteers.
Follow-up Plan	The committee plans to have more such collection drives in the future.

Relevant SDG: SDG 1: No Poverty
SDG 2: Zero Hunger

Report Prepared by:

Name of the Organizer	Centre for Social Action Committee, School of Law
Designation/Title	Committee
Signature	

Annexure

- 1. Photos of the activity*
- 2. Poster of the Activity*



Relevant SDG: SDG 1: No Poverty
SDG 2: Zero Hunger



Annexure 2 – Poster of the Activity



CHRIST (Deemed to be University), Bangalore
Department of Psychology

Activity Report

General Information

Type of Activity	Seminar
Title of the Activity	Skill Development
Date/s	18TH October, 2022
Time	1330-1530
Venue	Mini Auditorium
Collaboration/Spons or (if any)	--

Speaker/Guest/Presenter Details

Name	Dr. Nidhi Nigam
Title/Position	Founder
Organization	Nutrify with Nidhi Nigam
Title of Presentation	Leading a Healthy Lifestyle

Participants profile

Type of Participants	Students of 1 PSYH A, 3 PSYH A, 5 PSYH A, and Faculty of the Psychology Department.
No. of Participants	300

Synopsis of the Activity (Description)

Highlights of the Activity	1. Doctor Nidhi Nigam, Founder of Nutrify, is a clinical nutritionist and a health coach who addressed the students of the Department of Psychology to spread awareness on
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	<p>therapeutic nutrition, weight management and general health counselling.</p> <p>2. The session primarily focused on unique facts about diet and nutrition, myths about dieting, healthy lifestyle patterns and nourishment.</p> <p>4. It was entirely an interactive session; students asked their queries about diet and nutrition which were addressed immediately.</p> <p>5. Unhealthy lifestyle patterns were discussed, hazardous effects of smoking and drinking as well as the importance of the right proportion of nutrients in everything we eat.</p> <p>6. Certain myths about weight loss were also discussed and facts were presented to the students using logic and scientific explanation.</p>
<p>Key Takeaways</p>	<p>1. Important facts about nutrition and weight loss. 2. Widely held myths about dieting.</p> <p>3. Unhealthy food habits, eating patterns, sleeping schedules and, dieting habits.</p> <p>4. Alternative ways in which all unhealthy patterns can be rectified.</p> <p>5. One-on-One interaction with the speaker and the audience gave many insights.</p> <p>6. The session was instrumental in encouraging the audience to care for themselves and others around them in ways they find appropriate.</p>
<p>Summary of the Activity</p>	<p>The session was intended at giving insights about nutrition and everything related to maintaining a healthy lifestyle. Making nutritious food choices, inculcating physical activity into our lives, refraining from substance abuse, smoking and drinking are some of the ways we can easily avoid unwanted health issues and many types of cancers. The session broke myths many of the above-mentioned topics and addressed many questions from the students in a two-hour long session. One of the discussions included the advantages and disadvantages of intermittent fasting, and to what level it was recommended to students who have a busy college life and are mostly under 20 years of age. Correct ways of dieting were discussed which gave more clarity to students who raised health-conscious queries amongst other things. Overall, the session was enlightening and very instrumental in breaking our myths about health and dieting, all while providing us with the correct alternatives for making better lifestyle choices.</p>
<p>Follow-up plan</p>	<p>--</p>

Name of the Organiser	Pragyan Pattnaik
Designation/Title	Student of 3PSYH A
Signature	--

Annexure:

1. Speaker Profile

Dr. Nidhi Nigam is the Founder of Nutrify with Nidhi Nigam. She founded Nutrify with Nidhi Nigam in 2013 and has been successfully running her clinic over 9 years and helping people globally. She Nidhi Nigam is a Clinical Nutritionist & a health coach, engaged in the field of therapeutic nutrition, weight management and general health counselling for over 9 years. Nidhi is known to apply the principles of Nutri-Genetics, lifestyle modifications and food management, to optimise health and weight of individuals while catalysing their quest for all round fitness and energy. Nidhi closely monitors global trends to bring the best in nutrition and care to her clients. Nidhi truly believes that the human body is very resilient and possesses the capability to self-heal itself if nourished with the "Right Food". She has won the award title of "health & wellness Influencer - Bangalore" in 1000 women faces of Asia Awards from Womenovator in year.

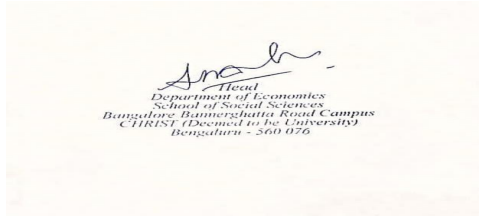
2. Photos of the activity (not more than two)





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5/413, Pal Layout, Hulimavu, Bengaluru, Karnataka 560076

P. Vijayalakshmi
Head
Department of Psychology
School of Social Sciences
Bangalore Bannerghatta Road Campus
CHRIST (Deemed to be University)
Bengaluru - 560 076



DEPARTMENT OF ECONOMICS

CHRIST (Deemed to be University) Bannerghatta Road Campus, Bangalore

Activity Report

Code: No | 2022 | Department of Economics | Financial Literacy Drive

General Information

Type of Activity	Field Trip
Title of the Activity	Field Trip to Akshayakalpa Organic Farm , Kothanur, Karnataka
Date/s	16th September 2022
Time	11:30 A.M -4:30 P.M, 16th September 2022
Venue	Akshayakalpa Organic Farm, Kothanur, Karnataka
Collaboration/Sponsor (if any)	-

Speaker/Guest/Presenter Details

Name	-
Title/Position	-
Organization	-

Title of Presentation	-
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Participant's profile

Synopsis of the Activity (Description)

Highlights of the Activity	<ul style="list-style-type: none"> • Field Trip was an initiative undertaken by the Department of Economics, Christ deemed to be University, Bangalore to enhance the experiential learning skills of the students. On 16th of September, 2022 35 students of 5 ECOH A and 10 students of 5 ECOH B along with 2 faculties members were taken for the programme. • The venue was Akshayakalpa Organic Farm, Kothanur. Akshayakalpa Organic, started out as a rural enterprise which aimed at 'Rejuvenating Indian Agriculture', by making farmers self - reliant by setting up organic dairies in village farms and then helping them through the entire process from milking to marketing. • A total of 45 students were taken for the field trip. The per head cost for the trip was Rs 610.
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<p>Key Takeaways</p>	<ol style="list-style-type: none"> 1. After that the students were taken to the field and each and every activity of the farm had been explained and shown. 2. Various farming activities like Apiculture and dairy farming were introduced to the students. Various officials had been assigned to give information on the activities conducted by the farm. 3. In the afternoon organic food were served to the students. At the end of the programme a feedback session had been taken by the coordinators of the organisation. 4. Organic dairy products were also served to the students. 5. Students got an experience which is more holistic, integrated picture of the information that, in the classroom, may have only been presented in a textual and abstract way. It was really a great opportunity.
<p>Summary of the Activity</p>	<p>On September 16th, 2022, the Department of Economics at Christ Deemed to be University in Bangalore organized a field trip to Akshayakalpa Organic Farm in Kothanur, Karnataka. The trip involved 45 students and two faculty members. Students were exposed to various aspects of organic farming, including apiculture and dairy farming. The day included informative sessions, farm visits, and organic food. The trip provided students with valuable hands-on learning experiences and a deeper understanding of sustainable agriculture. It was deemed a great opportunity for experiential learning.</p>

Rapporteur

Name of the Rapporteur	-
Email and Contact No	-

Pictures



Type of Participants	35 Students from 5 ECOH A 10 Students from 5 ECOH B
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No. of Participants	45
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CENTRE FOR SOCIAL ACTION
ANNUAL REPORT 2022

PREFACE

The past year has been a waking up year for CSA, it has been very eventful and productive. COVID overshadowed the daily life of every individual, groups, organizations, businesses, educational institutions etc., In these divisive times Centre for Social has remained committed to sustaining its vision, mission, projects and opened platforms for all the students to contribute to the society. We as a Centre are always welcome to diversity of ideas and worked relentlessly to bridge the differences in the society. CHRIST (Deemed to be University) has overpowered and broke through every endeavor triumphantly. Centre for Social Action has stood strong through the COVID years and post COVID years. CSA involved in emergency responses to the needs of the people during these tough times.

CSA hosted a biannual event MILAN in the University gathering many children from the project areas to have a carnival, cultural and sports events for the children. The Centre collaborated with various agencies and NGOs to conduct programs in the project areas, we had exposure programs for the international students and faculties, increased the number of volunteers and changed the strategy for active participation of volunteers. We have not only strengthened the existing bonds but build new ones.

CSA has emerged out loud and strong in the last academic year. We are working towards embracing the new and preserving the old. This Centre will continue to be the bridge builder between the students and community and enforcing social action. We are working in new avenues to enrich the experience and develop the society we live in, positively.

Vice Chancellor's Message

I am delighted to witness the remarkable Social engagement activities undertaken by CHRIST (Deemed to be University). Our institution remains dedicated to the vision of "Excellence and Service," focusing our efforts on cultivating socially responsible citizens through sensitisation programs for students and community development projects for marginalised communities. The Centre for Social Action, our University's Social Sensitisation and Development wing, has been at the forefront of serving the less privileged sections of society for the past two decades.

The initiatives encompass providing mid-day meals to approximately 200 children, supporting over 4500 children through our Activity Centre, empowering 2500 women via Self Help Groups, and involving more than 400 students in volunteering activities annually. Our impact extends well beyond the campus boundaries, as we have reached out to 10,000+ families in 134 rural and five urban slums, significantly improving their lives. Additionally, we have raised awareness among 18,000 students regarding environmental issues, fostering a profound sense of responsibility and care for our planet.

I am delighted to announce the publication of our Annual Report on Social Engagement for 2022-23. This report showcases the remarkable progress made by our various departments and units dedicated to serving the community. The content of this report will inspire our readers and encourage more individuals to join us in our noble endeavours.

Warm Regards
Dr Fr Joseph C C
Vice Chancellor

VISION, MISSION & STATEMENT OF COMMITMENT

Vision

CHRIST (Deemed to be University): Excellence and Service

Centre for Social Action: A Better Society through Sustainable Action and Social Transformation

Mission

CHRIST (Deemed to be University): CHRIST (Deemed to be University) is a nurturing ground for an individual's holistic development to make an effective contribution to the society in a dynamic environment.

Centre for Social Action: Enabling students to become socially responsible citizens through developmental initiatives.

Statement of Commitment

CHRIST (Deemed to be University):

Centre for Social Action: 'Learners to Leaders' – Empowering individuals and communities through education and sustainable actions.

CENTRE FOR SOCIAL ACTION

ANNUAL REPORT 2022-23

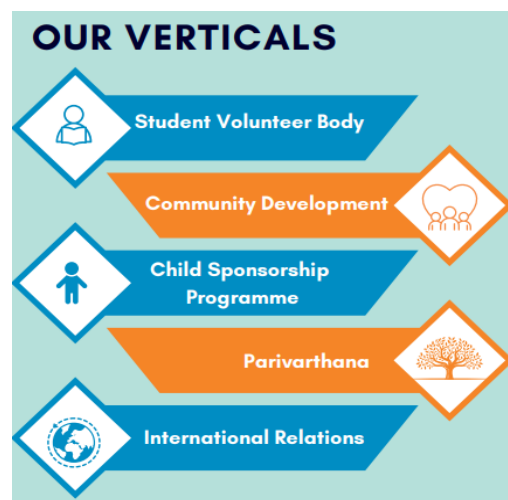
1. OVERVIEW OF CENTRE FOR SOCIAL ACTION

Centre for Social Action (CSA), is a creative platform for students' action/service for establishing a better society through sustainable action and social transformation where student communities are sensitized on various issues affecting the poor and the marginalized sections of society. The centre was set up in 1999 by the Management, faculty and students of CHRIST (Deemed to be University) (then Christ College). The intention was to enable students to imbibe values of social responsibility, as envisaged in the vision and mission of CU.

The core strategy is to facilitate students to internalize socio-economic-cultural issues faced by the disadvantaged sections of society and contribute to sustainable changes in their lives. This they can do even after graduating from the University. Thus, CSA believes in the strength of student communities to bring about positive changes among the marginalized sections of the society. All the programmes and activities of CSA derive their strength from its vision and mission. They form the framework and the basis for the programme/activity implementation of CSA.

Started in a miniscule way, where students sponsored 47 children way back in 1999, today, Centre for Social Action (CSA) is a well-established and a proven model of student initiative which addresses social issues. Currently with a student volunteer base of around 180 and staff strength (development professionals) of 57, CSA is focusing on integrated and impactful development interventions in campuses and communities.

CSA employs the twin strategy of empowering communities and sensitizing newer generations about realities. It reaches out to more than 16,000 students belonging to CHRIST (Deemed to be University) and other international universities and the general public through strategy. CSA's primary stakeholders are children, women, and student communities. They belong to urban slums, and tribal areas and educational institutions including international universities. CSA channelizes its developmental initiatives through five verticals i) Child Sponsorship, ii) Student Volunteerism, iii) Community Development Projects, iv) Parivarthana and v) International Students Exchange Programme.



2. CSA DURING 2022-23

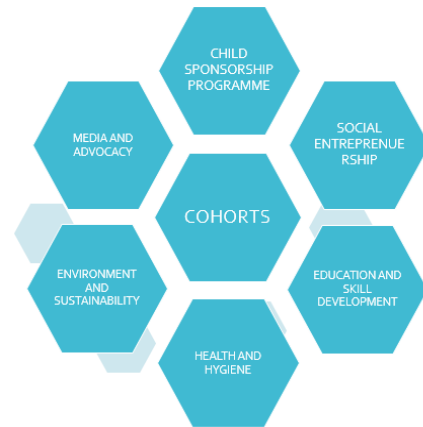
Consolidated data for CSA. (Excel sheet)

2.1. STUDENT VOLUNTARY BODY

CSA's Student Voluntary Body is driven by six cohorts. Each of them is led by two cohort representatives and guided by a mentor. Every cohort is further divided into five programmes and multiple teams, to ensure its smooth functioning. The volunteers, who are part of the cohorts' plan, undertake the activities, in alignment with the focus areas of the government and the institution.

Cohort 1 - Child Sponsorship Programme (Educate. Empower. Elevate.)

The Educate a Child Sponsorship Programme is a flagship initiative of CHRIST (Deemed to be University), which aims to inculcate the values of social responsibility. Christites are encouraged to sponsor the education of underprivileged children in the project areas. Annually, the Centre supports the education of 800+ students through the efforts of the management, faculty and students. The Child Sponsorship Programme cohort aims to transform the United Nations Sustainable Development Goal 4 of Quality Education into a reality.



Cohort 2 - Education and Skill Development (Learn. Ignite. Discover.)

The Education and Skill Development cohort under CSA aims to incentivise education for all through the volunteers' body and resources. It aligns with the values of Right to Education and NILP (New India Literacy Program) government policy and focuses on education and development of children in the adopted project areas of the Centre and also on skill development for dropouts. It involves several training and workshop programmes to incentivise soft and hard skills, equipping the learner to bag jobs and choose a suitable career efficiently. It engages volunteers with daily teaching sessions and events, with a focus on education and skill development sensitivity. This cohort aims to fulfil the United Nations Sustainable Development Goal 4 of Quality Education into a practice.

Cohort 3 - Environment and Sustainability (Revive. Resurge. Restore.)

The primary objective of the Environment and Sustainability Cohort is to foster awareness and understanding of environmental issues and sustainability, while aligning with the Sustainable Development Goals (SDGs) 7, 13 and 15. It aims to promote and instil practices of environmental sustainability by implementing a range of initiatives that are designed to engage individuals and communities in taking proactive steps towards creating a sustainable future. By raising awareness and educating on environmental challenges, the cohort empowers participants to make informed decisions and take meaningful action.

Cohort 4 - Health, Hygiene, and Well-Being (Care. Nurture. Support.)

This cohort aims for development and accessibility of healthcare across communities, to sensitise communities on health education and promote clean habits. Its activities are

aligned to the Ayushman Bharat Initiative of the Government of India and the United Nations Sustainable Development Goals -1 No poverty, 2 Zero Hunger, 3 Good health & Well-being and 11 Sustainable Cities & Community. It will majorly strive to improve overall health, well-being and contribute to a sustainable lifestyle, imparting knowledge for the well-being of society.

Cohort 5 - Media and Advocacy (Create. Express. Reform.)

The Media and Advocacy cohort of CSA will be taking care of the overall media, documentation and communication needs of the organisation. The cohort will also take up activities and initiatives relating to sensitisation through various digital, theatrical and non-theatrical modes.

Cohort 6 - Social Entrepreneurship (Initiate. Innovate. Inculcate)

The Social Entrepreneurship cohort seeks to promote sustainable and inclusive economic growth by fostering business skills and innovation through a multi-dimensional approach, equipping students and alumni with the abilities and resources to manage social enterprises. It will also provide support to such entrepreneurs to expand their businesses and take marketing opportunities, working closely with them to develop a greater number of Self-Help Groups and empower locals. The programme is aligned with the United Nations Sustainable Development Goals (SDGs) related to promoting decent work and economic growth (SDG 8), fostering innovation and partnerships for sustainable development (SDG 17).

University Student Council Representatives will enhance the overall graduate experience at CHRIST (Deemed to be University) by promoting the general welfare of the student body. They will create new programmes and initiatives to provide opportunities for growth and interaction and communicate with the administration and faculty on behalf of students. The representatives also conduct inter-campus collaboration and coordinate the functioning and activities of the Centre across the six campuses of India, facilitating smooth communication and coordination among the campuses.

Campus Ambassador

The Campus Ambassador will ensure smooth communication between and within campuses. From organising rural exposure camps to general meetings, the Campus Ambassador supports all the stakeholders in the organisation. Given the vast potential of the CSA, it is the responsibility of the Campus Ambassador to communicate and implement new initiatives, acting as a bridge between the faculty and volunteers. They are also responsible for inter-campus collaboration and contacting other Campus Ambassadors

2.2. CHILD SPONSORSHIP PROGRAMME

The Child Sponsorship Programme (CSP) was the first initiative of CSA, a flagship programme of CSA since 1999. CSP is an initiative taken up by the students of CHRIST (Deemed to be University), in order to enable underprivileged children to grow in a community that ensures **quality education**,

health services, adequate nutrition, and opportunities for future employment and income, aimed at their holistic development.

Started way back in 1999 by supporting 52 children, today CSA is able to cater to the educational needs of the marginalized children.

Christites, students and staff are rendering **monetary and student-mentoring services for vulnerable children** from marginalized communities of **urban slums and rural villages**. The sponsored children are provided with required educational materials like notebooks, stationeries, bags, shoes, school fees, and hygienic nutrition kits. During 2022-23, through the Christites contribution, this program has enabled over 800 children to move closer to their educational goals.

Financial mobilization for CSP is also facilitated through Parivarthana, a unit that works on recycling the wastes from the university into materials such as notebooks, frames, exam pads, pen holders, bags, and bottles among other things.

Children up to 14 years of age are sponsored to ensure that the children complete their education until 8th grade and the children up to 16 years of age are supported to ensure that they complete their education till 10th grade. Under this programme, the developmental needs of a child can be covered with a contribution of Rs. 4500 for a year.

Children Activity Centre is an intricate system of CSP providing value education to underprivileged children. It works to improve the academic /non-academic performance of the adopted children through **informal academic sessions, extracurricular activities, personality development camps, picnic cum study exposure, and sports events**. Student Volunteers conduct activity-based sessions and tutoring classes for the sponsored children so as to improve their **critical life skills, soft skills, and personality development**.

Impact:

- CSAs this initiative covers SDG 4 Quality Education, SDG 3 Good Health and Well-being, and SDG 11 Sustainable Cities and Communities.
- The children who benefit from the CSP are likely to get closer to their educational aspirations owing to the collective efforts of the CSA.
- The student community is provided with an opportunity to acknowledge and play their role in the betterment of society through the fulfilment of CSP objectives.
- The students are provided with the opportunity to articulate the causes that the CSA stands for to the general public thereby enabling them to be the torchbearers of change in the community.
- By working closely with the recycled products, the student community gain an understanding on a personal level about the impact of individual and collective environment-conscious action thereby embracing the CSA motto "WE CARE".

2.3. COMMUNITY DEVELOPMENT

2.3.1. Urban Projects

2.3.1.1. Project 3D (Desirable Dynamic Development and Empowerment Project)

Janaki ram layout is a slum in Bangalore. The slum is relatively unhygienic. The slum is spread across 6 kilometres with around 3500 households. 85% of the people generally are below poverty line. The majority of the people are working as daily wage earners. Some are working as rag pickers and few women are working in garment factories. Drinking water problem is acute leading to physical

ailment. There are only 2 Govt Schools and 3 private schools in this area, which is inadequate to cover all the school aged children in the slum. On an average there are 3 to 6 children in each family, so the family size is large in general. The Programme strives towards mainstreaming children into formal educational setups (Schools). Thereby children are provided with financial and educational support through direct and in-direct support. The direct support includes Tuition classes, Note Books, School bags, shoes, stationary materials and other educational aids. Under the child sponsorship Programme (CSP). Women are organized into Self Help Groups (SHG's) for promoting socio-economic stability through management of finance, savings and by addressing family and societal issues through weekly meetings. There are 11 SHGs with 180 members doing well in terms of savings, lending money to its members (micro finance) and addressing various family and domestic issues through sharing ideas and mutual support.

Duration - On going

Objectives of the Project

- Social and Economic growth
- Improvement of Health and Nutrition Status
- To improve the access and quality of Education
- To organize the target community and goal is to improve the quality of Life of Marginalized children and their community.
- Target population Economically below poverty line from A & B Block Janaki ram Layout

Major input: Community development empowers community members and creates stronger and more connected communities.

Impact created: Economic growth and causes people to seek working and investment opportunities in urban areas. Because they have limited financial resources and the cost of food is higher in cities, the urban poor lack nutritious diets and this leads to illness, which contributes to loss of appetite and poor absorption of nutrients among those affected

Coverage:

Slums	SHG	CLA	Federation	Families	Children	Women	Youth
02	11	-	-	350	200	350	25

Major Achievement: Networking with the Ngo's and other partners working in the project area, Formation of Self-Help Groups and involvement of women.






Benefit to Volunteers: Volunteers build self-confidence, self-esteem and life satisfaction. As they work with underprivileged children and marginalized communities, they get a sense of accomplishment, pride and identity.




Benefit to Community: Improve quality of life of marginalized children and community.

Future Plan:

- Academic support for the needy children (Assistance for education, supply of educational and nutrition kits).

- Special days of observations
- Personality development training to the Adolescent children
- Talent's day celebration for children
- Sports Day Celebration
- Children Carnival in the community
- Awareness Rally (Jaata) in the community
- Tracking of graduated children & Alumni meet
- Formation of more SHGs in the community
- Capacity building trainings for the staff
- Formation and capacity building of new SHGs
- Homemade food stall (Mane Thindi) for the SHG women.
- Women's Day celebration
- Community Habba – Fair
- Exhibition
- Street Play by the CSP Children
- Training on mental Health Programmes
- Monthly and review meetings
- To conduct community programmes in collaboration with all the stake holders
- Educational exposure visit
- Mental Health sessions and Sexual education for the children in the community
- Medical Health and Dental Health Programmes
- Identification of new places for the activity centres.
- Awareness on Sex Education and Moral Values
- Capacity Building Training for the staff

<p>Activity Details: Refer Annexure</p>		
	<p>Educational Material Distribution</p>	<p>Environment Day Celebration</p>
		

Milan	Bosch Program	Women Empowerment Panel Discussion
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Milan	Women's Day	Awareness Session
 <p>Bengaluru, Karnataka, India 2463+293, Tank Bund Rd, Kanakadasa Layout, Lingarajapuram, Bengaluru, Karnataka 560084, India Lat 13.007178° Long 77.631415° 22/11/22 01:52 PM GMT +05:30</p>		
School Adoption Programme	Exposure to 3D project area	SHG Orientation

2.3.1.2. Project Vriddhi

Background:

The Vriddhi project focuses mainly on two Slum areas in Bangalore; LR Nagar and Rajendra Nagar in Koramangala and Madiwala in Siddhartha colony. The Child Sponsorship Programme (CSP) focuses on holistic child development by supporting tuition class, basic computer skills and encouraging reading books through the library centre. It is an inspiring initiative by CSA with the contribution of the student community of CHRIST (Deemed to be University). CSP supports around 275 children from the slum with regard to their education and enables them in continuing it hence reducing the school dropout rate. There are two Activity centres, a computer centre and a children's library are being managed in helping the children with their academics. The children are provided with stationery items, bags, and books. Regular medical check-ups and strict monitoring of their diets are taken care of through nutritious kits that are provided to the children. Value education classes are provided to children on a monthly basis. Medical camps, community engagement events etc. are conducted along with regular SHG meetings as well. There are 16 fully functioning SHGs for women and they were linked with various free subsidy bank loans this year as well. A fixed amount is allocated as a revolving fund from the government in collaboration with BBMP. Each group has around a savings of ₹3.00 lakhs.

Coverage:

Slums	SHG	CLA	Federation	Families	Children	Women	Youth
3	16	NIL	NIL	210	275	210	80

Major Achievement:

The performance of the SHGs over the years has been progressing. All the groups have been regularly meeting and continuing their savings, and credit activities. They meet every month to discuss and finalize the inter loaning for promoting income generation and livelihood activities. During 2022-23 CSA have given new opportunities like celebrating women's day in both sites. The nutritious kits were given more in number as compared to the year before. More community members availed the services like the health check-ups that were conducted by the Vriddhi Project. The SHG women were given skill building sessions with regard to the making of paper bags which will enhance their skills.

275 children are taken care of under the CSP wing of Vriddhi project. 200 of them are distributed among the 2 activity centres in L.R. Nagar and the rest 75 are from Madiwala. The older children avail the computer centre services provided in L.R Nagar on a weekly basis. Stationery and nutrition kits are provided to these children this year as well. Health check-ups were conducted with the children as the main focus. They were provided with multi vitamins and calcium tablets to enhance their growth and development. Midday meals are also provided to the children in two government adopted schools as part of the Vriddhi Project.

Some of the events conducted this year were Teacher's Day program, Children's Day program, International Literacy Day, Women's Day, etc. Awareness sessions on financial management, substance abuse, child rights etc., were also conducted. Nasha Mukh Bharat Abhiyan (NMBA) conducted awareness sessions on substance abuse and how to deal with family members abusing substances. The student volunteers have conducted gully cricket matches which involved active participation from the youth from the community.

Benefit to Volunteers:

Interacting with children the student volunteers are more confident to conduct sessions more effectively. Consciousness of the student volunteers about child rights has been on the rise as they are practicing and ensuring child rights. It is an opportunity for them to make good contact and connect with children and be aware of the problem that the slum children experience. The students understood the point of views that were voiced by the women too. Through organizing and planning the events associated with children and women, their critical thinking and fast action to take the responsibility and help the less privileged community has instilled a sense of social responsibility. Students also developed the ideas to do the community-based programs and experimented the same. It was an eye opener to the volunteers about the life of the children from lower economic sections of the society. Volunteers did get an opportunity to network with many other organizations and professionals.

Benefit to Community:

Children and their families were glad for the support we have given to them, especially about the medical check-up they came to know the health condition of the children, children with under-nourishment, vision problems and other learning disabilities. Appropriate referrals to hospitals were also made for the needy. The health status of 70 children were assessed and medicines were provided to them as well. The importance of checking their health regularly was also understood by the community. Helping children and families for progressing in education, working for improved health conditions, providing economical support to the parents of the CSP children motivates them and drives towards independence.

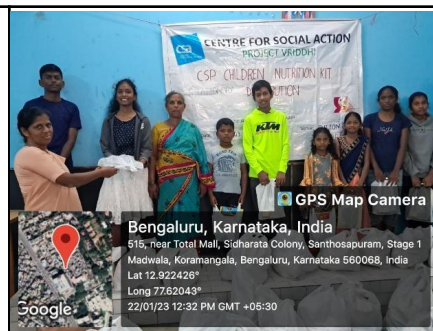
Future Plan:

The events that were conducted this year were successful and exhibited full cooperation and participation from the community members. It is to be hoped that the next year will also bring forth the opportunities to conduct these events and many more.

More skill building sessions can be conducted in order for increased self-employment opportunities for the SHG women. More meetings other than the monthly ones can be conducted that will provide these women a space to interact and communicate with each other informally. Cultural programs can also be conducted during these times.

The children can be taken out for more one day programs which will provide them with an exposure to atmospheres other than their own community. They can be provided with educational sessions, cultural and physical activities like sports competitions which will nurture their group learning and interaction process.

ACTIVITIES DETAILS: Refer Annexure



Madiwala Nutritious Kit Distribution to CSP children



Children's Parents Meeting



Medical camps for SHG women

Mid day meal distribution

International Literacy Day	Children's Day Celebration
Darsan One Day Camp	

2.3.2. Rural Projects

2.3.2.1. Bastar Community Development Project

Background: Since 1999, CSA has been implementing development projects across Chhattisgarh. CSA started to partner with KNH in 2002 and implemented various developmental projects for the community with sustainability as its main focus. Initially CSA implemented CFCD projects and now is implementing SHA projects in Chhattisgarh. In all the localities the marginalized women are doing well, and the development is visible with women, their family and in the community. Livelihood is given much priority in the sustained projects. Education to children is given more importance as the parents understand the importance of education and they send their children to school regularly. Sanitation level is improved, 80% of the beneficiaries across the project area have constructed toilets and are using it.

Location	:	34 villages, Koilbeda block
Start Date	:	1/10/2015 (Pre-phase) 1/01/2017 (Main Phase) 1/10/2022 (Extension Phase)
Project Period	:	1+5+5 years
Total number of Households	:	1709
Total number of Permanent staff	:	13

Objectives:

- Children should have Nutritious food.

- Primary Education for all Children.
- Primary Health Care for all Children.
- Sufficient Income.
- Government schemes should be availed by all.

Target population – SC and ST

Coverage:

Villages	SHG	CLA	Federation	Families	Children	Women	Youth
34	60	6	0	817	701	1540	45

Major Achievement:

A) ECONOMIC EMPOWERMENT:

- 60 self-help groups have mobilized ₹5,21,4371 through SHG fund and using the fund for livelihood activities. Sometimes they use it for emergency health care or children's education.
- SHG mobilized ₹1.65 lakhs through NRLM fund for the SHG strengthening and ₹6.60 lakhs to start income generation activities.
- 3 SHGs received a sum of ₹4.00 lakhs as loan from a local bank to start income generation activities.
- Through the Bastar project two CLAs were supported with ₹2.00 lakhs each for livelihood promotion.
- 35 young girls are trained in tailoring through skill development initiatives, of which, 5 girls have established their own tailoring centre.
- SHGs have started group business through the financial and technical support; 3 SHG are making Detergent powder, Phenyl, Toilet cleaner, 2 SHGs are making candles, 1 SHG is making Agarbathi (Incense sticks), 2 SHGs have started Fishery and 2 SHG are selling forest products. 383 families have started individual businesses.
- The SHG members took loans from SHG, CLA and started the businesses like Fishery, Piggery, goat rearing, Poultry, aromatic rice cultivation, petty shop, vegetable vendor and small hotels.

B) SOCIAL EMPOWERMENT

- SHG women are empowered to take the leadership; they were able to organize International Women's Day with 650 women. SHG members took complete responsibility for the program and made it successful.
- 18 school dropout children were re-enrolled in schools, 12 youth got readmission in distance education courses and 7 SHG women who discontinued their studies long back again get admission privately to continue their academic career.
- 78 women underwent the Blood Pressure and Haemoglobin check up by collaboration with Govt. Primary Health Centre.
- Project staff promoted COVID booster dose vaccination in all 34 villages.
- Members of 8 SHG had conducted village cleaning drives in 5 villages; they cleaned the drain, school and Anganwadi campus.
- Project staff supported the health department staff in spreading awareness on Malaria and Typhoid in 14 villages.
- SHG members raised their voices against domestic violence and brought peace in 7 families as the alcoholic husbands exploited their wives.

C) POLITICAL EMPOWERMENT

- One member of Muskan SHG won the bi-election of Bethiya panchayat and became the sarpanch.
- Two SHG women are elected as district panchayat member.
- This year SHG members and their family received following government schemes by the project's intervention:
 - i. 33 families dug small ponds through NREGS for fishery.
 - ii. 60 Acres of land of 15 families was levelled with the support of the panchayat.
 - iii. 142 families were linked with e-shram cards so that they will get benefits.
 - iv. 30 families are getting direct benefit through Kishan Nidhi Yojana from 2022-23.
 - v. 46 new members are added in the ration card.
 - vi. 52 families received job cards, 185 families linked with Ayushman health scheme.
 - vii. 55 families constructed houses through PM Awas Yojana.
 - viii. 32 families received a solar (water) pump set for agriculture.
 - ix. Pakka roads were constructed in 2 villages and Concrete roads constructed in 3 villages.
 - x. Safe Drinking facilities through high raised water tanks were set up in 3 villages.

Future Plan:

Social Empowerments

- Strengthening 6 CLAs and formation of 1 new CLA.
- Formation of a project level Federation and build their capacity to take over the project.
- Mobilizing land for building Federation office
- Financial literacy training for CLA/Federation.
- Digital literacy training to CLA/Federation
- Children's day/ SHA day with children
- Summer personality development camp for children
- Awareness on climate change and eco concern, orange the world
- Child Rights awareness program & women rights awareness program
- Linking 20 excluded households to government schemes and services like availing Aadhar cards, Pan card, Kishan Nidhi Yojna and health insurance.
- Form and strengthen 10 Adolescents groups.

Political Empowerment

- Networking with government offices for availing schemes
- Network meeting with CLA business supporters
- Child Protection Committee (CPC) quarterly planning and review.
- SHA day with women/ Women's day celebration
- Awareness on participation of women in gram sabha
- Stakeholders meeting

Economic Empowerment

- Initiate 4 major group businesses in four clusters
- Support initiating individual business for 10 families and group business for 5 SHG.
- Linking 10 SHGs and 1 CLAs with government departments, Banks, and NRLM for accessing various welfare schemes and services.
- Exposure visit for SHG/CLA/Federation members to successful livelihood initiatives by other organizations.

- Livelihood Promotion & income generation program
- Market linkages training to SHG, CLA and Federation business

Staff capacity building training

- Database training for Staff
- Agricultural and livelihood training for staff and beneficiaries
- Federation formation training to staff
- Staff exposure

Other future plans aimed at Children

- 10 Children groups (CGs) will be formed and strengthened.
- Children groups and cluster level association will be linked with panchayat level Child Protection Committees
- 12 Child Protection Committees will be formed at Panchayat level and strengthened.

Impact Created by the Bastar Project

During this reporting period the project has impacted the lives of children, women, adolescents, and communities in the area of social, political, economic and ecological environmental especially in the context of child rights.

Impact contributes for Social Empowerment:

- The Lives of around 1700 families in 34 villages are improving.
- 60 SHGs are effectively bringing women together to plan, implement and monitor social development programmes.
- More than 600 families benefited from government assistance for setting up fisheries ponds (19), e-labour cards (133), Sukanya Yojana (361), solar pump set (23) and Pradhan Mantri Jeevan Jyoti Bima Yojana (24), besides Ration cards, Job card, Pradhan Mantri Awas Yojana, Pradhan Mantri Life insurance, Gas cylinder connection and Ayushman cards.
- People's participation is on the increase through the involvement of SHGs in cleaning of village roads, networking with panchayat for construction of 3.5kms long village roads, constructed from village Sitagaon to Jalbahi, in Dotometa 150 meters' concrete road was laid by panchayat
- Social commitment of the villagers is increasing. Few examples are: i) Boundary fencing construction for Anganwadi premises in Bhurbushi village, ii) closing down the liquor shop advocating with the government, iii) advocating for replacing the damaged transformer Pushkar village, etc.
- Organic farming practices among small farmers.

Impact contributes for Political Empowerment:

- Capacity of people's institutions, leaders of PRI, village elders are built through training and meetings and networking with the panchayats and government departments.
- The villagers, especially women, are visiting and sharing their issues with government stakeholders like Panchayats, WC&D, Health & Education departments, Janpad panchayats, Zilla Panchayats, etc.
- They have networked with Panchayats and other government stakeholders and availed job cards to get the daily wage employment.
- Women are getting elected as sarpanch and village panchayat presidents.

Impact contributes for Economic Empowerment:

- 60 SHGs are linked with Chhattisgarh Rajya Gramin Bank (CRGB), State Bank of India (SBI) and NRLM banks. Mobilization of ₹32.00 lakhs from NRLM, nationalized banks, Chhattisgarh Gramin Bank for income generation activities for supporting 142 individual businesses and 5 group businesses.
- Increase in the household income of these families and they are able to provide basic needs to their children, including food, shelter, cloth, good health and education.
- Career guidance training has impacted a lot in the lives of their children, adolescents and women.
- Families availed ration cards and received houses through PMAY.
- Families practice kitchen gardens contributing towards no malnourishment among children, pregnant women and adolescent girls.

ACTIVITIES DETAILS: Refer Annexure



Individual Goal Setting Training



Exposure visits of CLA members to Livelihood organization



CLA Review Meetings



Health Camps for CLA Members on health & hygiene.



Vocational Skills Training



Awareness Rallies



Entrepreneurship Training to SHG



Children's Day Celebration



Entrepreneurship Training to SHG



Training organized for Adolescents



Health Awareness Program



Training for Farmers

Training organized for Adolescents

2.3.2.2. Chethana Project

Background:

Chethana Child Focused Community Development Project (CFCD) continues to extend its support to the community in 11 of its target villages. The main activity which is happening at the moment in the project is building the capacity of the SHG women and taking efforts to sustain the project. Federation is formed and registered under Karnataka Societies Act 1960. Federation members are involving themselves in all the project related activities and helping the project team in implementing it effectively. At present 53 Self Help Groups (SHGs) are functioning in all target villages. 3 CLAs are formed to continue to support SHGs for their effective functioning. Project team along with Federation members and SHG women are monitoring and maintaining all the activities like running supplementary education centres, monitoring Anganwadi, coordinating with health and ICDS departments, etc. Women are empowered socially and economically. Once the women become a member of SHG their financial needs are met through the group support and it helps them to improve their living conditions and thus the families are able to provide good education to their children. Awareness programmes are being conducted in the villages in association with health, education departments and students from CHRIST (Deemed to be University).

Coverage:

Villages	SHG	CLA	Federation	Credit Cooperative Society	Families	Children	Women	Youth
11	53	5	1	1	1179	452	520	251

Major Achievement:

- Early Childhood Care
- Strengthening Children's Education
- Community Health and Hygiene
- Community Based Organisations (CBOs).
- Livelihood Promotions

Early Childhood Care (ECC):

In collaboration with ICDS, the community created the model ECC centre in target villages and extending technical support to run it effectively. ECC has helped in reducing the malnutrition among 0-6 years' age children and to creating awareness among the ANC/PNC mothers on child care, nutrition and timely immunization. There are 23 ECCs in 21 villages with 156 children. This number of boys and girls has been changing every year due to demographic and socio-economic changes. These Anganwadi are more child-friendly teaching involving songs and plays in some of the centres. The educational interventions of the Chethana project, through the government Anganwadi, have helped to create increased awareness and motivation among the parents about the education of their children.

Strengthening Children's Education:

School going children are supported to grow in a community that ensures quality education through life skill development programs. Village level Supplementary Education Centres caters 297 children

in nine villages. Children are helped to prepare for their exams and homework and also get an opportunity to improve on their life skills.

Village level Children Parliament are functioning in 11 villages and the meeting of ministers have been taking place discussing about school academic examinations, feedback of celebration of Children's Day, national festivals, etc. Children parliament ministers are guided to take up responsibilities from their young age, and they use their free time productively by way of discussing matters which develop themselves as well as the community where they live in. 35 students were taken to CHRIST (Deemed to be University) to participate in the 'Milan' event organised by CSA during Feb. 2023.

Community Health and Hygiene:

The community were sensitized on their personnel health and hygiene, good environment and global warming. Network meeting with Primary Health Centre (PHC) conducted along with ASHA volunteers. One health check-up camp was conducted in the project area involving PHC team and R.L. Jalappa Medical College & Hospital team. Seethanayakanahalli and Enjanahalli village was provided with a water filter each for ensuring safe water to the children in particular.

Community Based Organizations:

It is believed that the sustainable village development is possible through building community institutions like SHGs, CLAs, Federation, youth groups. Fifty-three SHGs, 5 CLAs, one Federation and one Credit Cooperative Bank managed by women is vibrantly continuing their journey. During 2022-23 the project had witnessed one capacity building training at project level participated by 63 CLA members. They were trained in sustainability, resource mobilization, government schemes, ownership, rapport with stakeholders, network and linkages and etc. CLAs also taking responsibility in the continued effective functioning of the project. Organized capacity building training for Federation members they are also aware on sustainability of the project, network and linkages with government and other departments. The credit cooperative society begun with shareholding amount of ₹30 lakhs about five years have now grown with a net worth capital of ₹3.00 crores and with the membership of 900 women.

Livelihood Promotions:

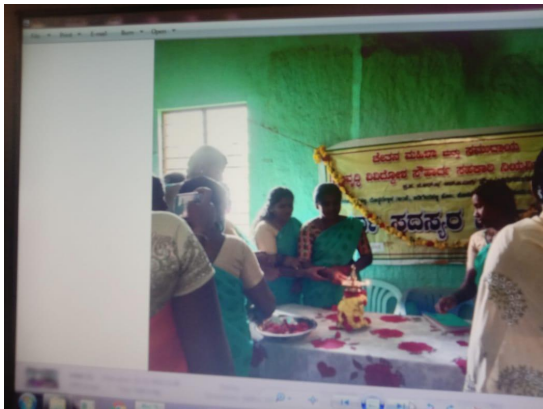
Women are supported to explore livelihood opportunities for generating additional income, secure their families and build community". They access loan from the credit cooperative society and engage in various livelihood activities.

Chethana project had been the learning platform for students and faculties, both from domestic and international universities. A total of 580 students from different department of CHRIST (Deemed to be University) and around 70 students and faculties from international universities (from Western Michigan, VIVES, HAN, Katho, Nord, etc.) have learnt the village life, people, source of income, livelihood activities, role of community institutions in empowerment process and sustainability.

Future Plan:

- a) Facilitate the rural exposure camps for students and faculties.
- b) Monitor and strengthen SHGs/CLAs/Federation.
- c) Organise Health Camps.
- d) Facilitate annual auditing of SHGs/CLAs/Federation.

Activity Details: Refer Annexure



2.3.2.3. Pragathi Child Focused Community Development Project Kolar

Pragathi Child Focused Community Development Project Kolar continues to extend its support to the community in 22 of its target villages. The main activity which is happening at the moment in the project is building the capacity of the SHG women and taking efforts to sustain the project. Federation is formed and registered under Karnataka Societies Act 1960. Federation members are involving themselves in all the project related activities and helping the project team in implementing it effectively. At present 42 Self Help Groups (SHGs) are functioning in all target villages. 3 Cluster Level Associations are formed to maintain and support SHGs for their effective functioning. Project team along with Federation members and SHG women are monitoring and maintaining all the activities like running supplementary education centre, monitoring Anganwadi, coordinating with health and ICDS departments. Women are empowered socially and economically. Once the women become a member of SHG their financial needs are met and it helps them to improve their living condition and is able to give good education to their children. Awareness programmes are being conducted in the villages in association with health, education departments and students from CHRIST (Deemed to be University).

Coverage:

Villages	SHG	CLA	Federation	Families	Children	Women	Youth
22	42	3	1	1500	1477	802	302

Major Achievement:

- Early Childhood Care
- Strengthening Children's Education
- Community Health and Hygiene
- Community Based Organisations (CBOs).
- Livelihood Promotions

Early Childhood Care:

The erstwhile Early Childhood Care centres established by the project is now maintained as Anganwadi centres by the government through ICDS in 22 villages with the continued support and guidance from the community. 221 children between the age of 2 to 6 are attending in these 22 centres. The centres focus on engaging the children with action songs, individual and group games, and ensure more child friendly environment and care. They are also provided with nutritious noon meal contributing to strengthen their health. Pregnant and lactating mothers are also provided with supplementary food, besides sensitizing them on child care, nutrition, timely immunization, etc. Over the years there are no children reported as anaemic.

Strengthening Children's Education:

School going children in target villages are supported for having a positive learning environment, where in quality education is assured for preventing school dropout, enhancing academic performance and promoting higher education. Besides focusing on the academic requirement, the children are also guided to develop appropriate life skills. Volunteers, who are the siblings of 256 school going children from the villages are supported through 22 supplementary education centres. Few of the children those who are not attending the project run supplementary education centres are said to be accessing private tuitions by paying a fee.

Children Parliament is functioning in 21 villages with the 105 ministers. Ensuring child rights and child protection, preventing child labour and undertaking rallies to create awareness on health, hygiene and environment are the areas that are discussed and formulate appropriate actions in children parliament. They also discuss about children's academic examinations, feedback on the Children's Day observation, National festivals. Children parliament ministers are guided in a right direction, they are learning to take up responsibilities from their young age, and they use their free time productively by way of discussing matters which develop themselves as well as the community where they live in.

This year around 35 children from the target villages had an opportunity to take part in the Milan 2023, the biennial event conducted at CHRIST (Deemed to be University) by CSA. This was a three-day event participated by 250 marginalised children from CSA's project villages and city slums dwellings. Children were engaged with different games, stalls focussing on educating and stimulating the children, colouring activities, sports and cultural shows marked the first two days of the event. Best performing children were provided with prizes and awards. It was an enriching experience of learning from other children belong to different region and student volunteers of CHRIST. The programme also set a stage to demonstrate their skills in various sports, art, culture, and also promoted leadership among the children.

Community Health and Hygiene:

The project continues to network with PHCs in villages and ASHA volunteers to sensitize the community on personnel health and hygiene. This year there are four medical camps were organized in collaboration with R.L. Jalappa Medical College & Hospital, local PHC team and ASHA volunteers.

Community Based Organizations:

Over the years Pragathi project had mobilized people under various Community Based Organizations including Self Help Group, Village Development Committees, Youth groups, Children Parliament, Child Protection Committees, etc. SHGs are formed by women to work towards making the women independent, financially capable and take up leadership roles in the community leading to women empowerment and sustainability. As of now there are 42 SHGs functioning effectively with the membership of 520 women. These groups are federated in to 3 Cluster Level Associations (CLA) and further formed in to Federation. Federation (Pragathi Mahila Samsthe) was registered and is planning to establish Credit Cooperative Society. As a registered body, the Federation got a free land from the Government to construct the Federation Office.

Meetings of SHGs takes place every week to decide on the group functioning, livelihood promotion, capacity building programmes, etc., while there are monthly review and planning meetings of CLA and quarter meetings of Federation takes place. As part of the sustainability of the project, SHGs/CLAs/Federation are sanitised on resource mobilization, accessing government schemes, facilitating ownership, stakeholders' participation, network and linkages etc. CLA and Federation are also taking responsibility of facilitating children's day, women's day observations and other days of national and international importance.

Livelihood Promotions:

The SHGs are the primary unit that facilitate promotion of livelihood through micro lending from their savings in the target villages. As of now there are no individual member who had not taken loan for venturing in to income generating activities bringing additional income to the family. Loans are

usually obtained for investing in to farming activities, animal husbandry, setting up micro enterprises, and meeting the expenditure relating to educating the children, addressing health and medical needs, meeting emergencies, maintaining the household and houses. The loaning sources is just not limited to SHGs' own savings alone, but there is also a revolving fund being provided by CLA to SHGs.

Future Plan:

1. Capacity building training to SHGs/CLAs/Federation on strengthening the organizations and work towards forming Credit Cooperative Society in Yeldur.
2. Mobilise an additional land space for Federation Office from the Government.
3. Review, monitor and handhold the existing SHGs/CLAs/Federation.
4. Organize health camps collaborating with government PHC.
5. Facilitate conducting annual statutory auditing of SHGs/CLAs
6. Preparation of Agriculture Business to Federation Member's.

Activity Details: Refer Annexure



2.3.2.4. Unnathi SHA-CFCD Project # Jamkandi

Since 1999, CSA has been implementing developmental projects across Karnataka, Telangana, Maharashtra Kerala and Chhattisgarh. CSA started to partner with KNH since 2002 and implementing various developmental projects for the community with sustainability as its main focus. Initially CSA implemented CFCD projects and now implementing SHA project in Karnataka and Chhattisgarh. All together there are six projects implemented in partnership with KNH. 4 CFCD project were phased out and sustained, they are managed by the registered federations in the respective areas. In all the localities the women are doing well, and the development is visible with women, their family and in the community. Livelihood is given much priority in the sustained projects. One of the sustained projects in Karnataka has started a co-operative bank in their impact village which helps the women to get good accessibility towards the banking and its services. Education to children is given more importance as the parents understand the importance of education and they send their children to school regularly. Sanitation level is improved, 80% of the beneficiaries across the project area have constructed toilets and using it.

Location	:	11 villages, Jamkhandi Taluk
Start Date	:	01/10/2014 (Pre-phase) 01/10/2015 (Phase I) 01/04/2020 (Phase II) 01/04/2023 (Extn. phase)
Project Period	:	5+3+2 years
Total number of Households	:	1340
Total number of Permanent staff	:	7+3

Objective –

- Sustainable improvements in quality of life and wellbeing of marginalized communities (SC and ST) and their children.
- Improved quality of life of Devadasi women and their children
- To abolish the practice of Devadasi system and many associated discriminations especially among girl children and women.

Target population – SC, ST and Devadasi's

Coverage:

Villages	SHG	CLA	Federation	Families	Children	Women	Youth
11	52	05	01	5,884	4,336	13,911	1,449

Major Achievements:

- Built community institutions - formed and strengthened 52 SHGs with the membership of 652 women, 5 CLAs and a Federation.
- Availability ₹50.00 lakhs as total capital net worth of with 52 SHGs.
- Goal setting and goal re-assessment – for 792 individual members and SHGs
- Observance of International Women's Day involving 650 women.

- Capacity building training for 100 women of CLAs/Federation on sustainability, project management and networking.
- Capacity building training for women on CLA/Federation strengthening (200), gender concerns (44), health awareness (526), awareness on climate change and eco concern, orange the world day (428), network meeting with Government officials for availing entitlements (40), training to SHG & CLA on availing various Government schemes (100), and training on marketing for CLA Members (91).
- Monthly review and planning meetings of 5 CLAs and Federation.
- Entrepreneurship Training to SHG & CLA members on animal husbandry (235), garments stitching (193), and food products (171).
- Livelihood promotion through financial assistance for income generation activities for 151 women.
- Exposure visits for CLA/Federation members to successful federation promoted by other organization and to successful livelihood organization (150)
- Statutory auditing of 5 CLAs.
- Promotion of Child Protection Committee (CPC) at project level by children and quarterly review and planning meeting.
- Promotion of 13 Child Parliament at village level.
- Capacity building training for children on Child Rights (118), awareness on climate change and eco concern, orange the world day (297).
- Summer personality development camp for 268 children.
- Observance of Children's Day involving 250 children.
- Functional literacy training to 57 PRI members.
- CLAs have celebrated the Annual Gathering with the support of the community contribution.
- Contributions also came from MLA (5 Cupboard), son of Ex MLA (5 Air Cooler) and private Digital shop owner (5 large Banners).

Impact created

- No child is given in to marriages during 2022-23. Prevented 23 child marriages by the joint action of SHG members and CPC children over the years.
- 100% school retention in the target villages. 25 children have returned to school over the past.
- 75% of SHG members have got job card and got their employment guaranteed.
- 3 villages got the public toilets constructed advocating with PRI.
- 525 SHG members have started an individual businesses like buffalo/cow/goat rearing, petty shop, bangle business and roti business.
- 85% SHG members are successfully reached their individual goals through CLA livelihood loan.
- Group business were started by Kittur Rani Chennamma and Oneke Obhavva CLA on Garments and Hotel Business respectively. This has been a motivation for replication by other CLAs.
- Prabhavathi SHG got support from Jancy Rani CLA started Agarbathi Business.

Future Plan:

Social Empowerments-

- Federation Goal Setting training and re assessment
- Capacity building training for CLA/ federation on sustainability, project management and networking
- Financial literacy training for CLA/ federation book keeping

- Federation strengthening training
- Digital literacy training to CLA/ federation
- Children's day/ SHA day with children
- Auditing of CLA/ federation
- Summer personality development camp for children
- Awareness on climate change and eco concern, orange the world
- CLA/Federation Review meeting
- Health awareness programme
- Child Rights awareness program to children
- Women rights awareness program to women

Political Empowerment-

- Networking with government offices for availing schemes
- Network meeting with CLA business supporters
- CPC quarterly review meeting
- SHA day with women/ Women's Day celebration
- Awareness on participation of women in gram sabha
- Stakeholder's meeting

Economic Empowerments-

- Exposure visits to successful livelihood by other organization to SHG/CLA/Federation members
- Federation office construction
- Livelihood income generation program
- Federation strengthening training to staff
- Market linkages training to SHG, CLA and federation business

Staff capacity building training-

- Data base training for Staff
- Agricultural and livelihood training for staff and beneficiaries
- Federation formation training to staff
- Staff exposure
- Project staff review meeting monthly
- Project steering committee meeting- quarterly
- Staff capacity building training by CSA

Other future plans-

- Completion of federation registration
- Sustainable of project
- Sustainable of federation
- Start group business in all 11 villages

Activities Details: Refer Annexure



Goal Setting and reassessment



SHA day/Children's Day



Personality development camp



CLA Annual Gathering



Gender Training



EDP Training



CLA/Federation Review meeting



PRI members Training



Women day Celebration

Exposure Visits

2.4. PARIVARTHANA

Parivarthana is a zero waste management project organized to create an eco-friendly environment by implementing solid waste management practices advocating 3Rs – Reduce, Reuse, Recycle. Born out of CSA’s “Trash to Treasure” project Parivarthana unit came into being in May 2008 with a view to improving waste collection, recycling and livelihood promotion. Beginning to serve the slum community in Rajendra Nagar and Ambedkar Nagar, Parivarthana has been serving and the University for 15 long years commissioning focusing on i) Collection and Segregation of waste, ii) Recycling paper and producing handmade paper, iii) Producing Compost, iv) Producing Bio-gas, and v) Treating & recycling water. Since 2008, it has been creating both a social as well as an ecological impact through organized efforts to ensure proper waste management practices with the relenting help of the women working in the unit and the students in the campus.

Waste Collection and Segregation

Bangalore Central Campus of the University during 2022-23 generated over 2.27 lakhs kg of wastes, which comprises of wet waste (70%), dry waste (27%) and reject waste (3%). Wet waste is further segregated for producing bio-gas and producing compost/manure. During 2022-23, 61,601kgs of dry waste generated by the campus was sold and brought a revenue of ₹4.22 lakhs. Parivarthana has been providing the learning platform for the student community and general public to get sensitized, trained and involved in different waste management processes including segregation of waste, manufacturing of handmade papers, producing compost, generating biogas and treating waste water and thus building the future community environmentally responsible.

Type of Waste	Quantity in kg.
Dry Waste	61,601
Wet Waste (used Biogas)	1,44,480
Wet Waste (use for Compost)	14,215
Reject Waste	7,201
TOTAL	2,27,497

Compost Unit

After segregating the wet waste like kitchen waste, fruit/vegetable waste and other bio-mass are converted in to organic manure through a treatment process of composting for a period of 45 days. The contents of the composting tank become a homogenous mixture generating revenue to Parivarthana. The input waste of 14,215kgs is processed and converted in to 4,524 kg compost/manure during 2022-23 generating a revenue of ₹1.3 lakh. The compost is sold to outside institutions and individuals besides feeding the lush garden being maintained inside the University campus throughout the year.

Water Treatment Plant

The water treatment plant at Parivarthana involves an elaborate process to ensure that the recycled water is safe for vegetation and gardening. On an average 1.5 lakhs litres of water is re-cycled on every working day. During 2022-23, 19,387kld of grey water is treated and used for vegetation and gardening in Bangalore central campus. Similarly, grey water is being treated, re-cycled and used for vegetation and gardening in Kengeri Campus as well.

Bio-gas

The wet waste generated in the University campus, food waste in particular amounting to 1,44,480kg is processed during 2022-23, which had generated bio-gas equivalent to 6,556kgs of LPG worth of ₹5,52,240 in terms of revenue. The slurry rich in nutrients generated is used for vegetation.

Paper Recycling Unit

Parivarthana make best use of waste scrap paper generated by the University and recycle it by producing handmade paper and manufacture paper products of varied kinds, thus contributing towards a 'zero waste campus'. These products are supplied to the students, various departments of the University, besides other institutions like St. Joseph's University, Bangalore for seminars, workshops and conferences. This year Parivarthana had generated a revenue of ₹4.82 lakhs.

Hand Made Paper Products Black Sheet Folder Bottle holder Bottled Plant Business Card Box Diary Envelop Covers Examination pads Greetings Card Hard Board Folder Jewellery Box Paper Bags Pen Stands Photo Frames Plain Sheets Scrap Books STD Folder Zig Zag Album

Student volunteers of CSA undertake awareness campaigns on E-waste management and has ensured a systematic way of e-waste collection which is then sold in the scrap market to generate revenue for the Parivarthana.

Few Extra Mileage for Parivarthana

- Parivarthana works in collaboration with local government Bruhat Bengaluru Mahanagara Palike (BBMP) and many other civil society organizations, corporate bodies, academic institutions and slum communities.
- Reject waste is controlled and it is only 3% within the campus, whereas 10 to 15 % is permissible according to BBMP rule.
- The waste management practices of the University are recognized and has received awards from the Department of Horticulture, Karnataka, consecutively for the past 10 years, in recognition for its clean and green concept.

- Through these practices, the University is attempting to spread the idea of environment protection and promotion to student communities, general public, corporates and different stakeholders.
- CSA volunteers are enabled to join hands with other practitioners and organizations involved in the process of mitigating climate change effects including global warming.

Learning visits to Parivarthana Unit – 2022-23

- CHRIST (Deemed to be University) faculties: 996 & students: 10,362
- International visitors: 332
- Service Learning students: 173
- Internship students: 43
- Pre-University students for one-day product making training: 220
- Commerce graduate students for one-day product making training: 9
- CU-BOSCH Bridge programme – Skill Development trainees for greeting cards making using the handmade paper: 52

CSA is envisioning Parivarthana units in all CHRIST' campuses.

graduate

MANAGE WASTE FROM YOUR HOME AND OFFICE!

2.5. INTERNATIONAL STUDENTS EXCHANGE (write up by Catherine)

CSA has tie-ups with 8 international universities, as part of bilateral cooperation on the community development program and student exchange through a Memorandum of Understanding. Students from partner universities abroad visit CHRIST (Deemed to be University), Bangalore for outreach programmes and service-learning projects. These projects last for a minimum of 3 weeks to a maximum of 6 months. Some students have taken up a year-long course as part of their academic curriculum.

Student exchange is an opportunity where international students explore problems faced by underprivileged sections in India and understand the Indian perspective of social work. The students were placed in slum development projects of CSA in Janakiram Layout and LR Nagar, Bangalore and in Non-Governmental Organizations (NGOs) based on the student's motivation and interest. In the last academic year, we had 15 students coming from Nord, VID, NTNU and HAN Universities for social outreach programme as a part of their Social Work Practicum.

This outreach programme contributes to their professional, personal development, and career. Apart from this, the students also learn through cultural exchange, gain social and service knowledge to bring about sustainable and meaningful developmental change. It brings together people from international universities with diverse backgrounds and communities to organize service activities develop leadership and professional skills with able academic instructions.

3. CSA CAMPUS SPECIFIC ACHIVEMENTS 2022-23

Bangalore Central Campus

Events Details: Refer Annexure

BGR Campus

Centre for Social Action in CHRIST (Deemed to be University), Bannerghatta Road campus has begun its journey towards realizing the vision of the University ‘Excellence and Service’ during 2016. Following the footsteps of CSA, the parental unit, Bannerghatta Road campus too implement the student voluntary initiatives through five verticals. During 2022-23, around 150 student volunteers of the campus spearheaded all the activities. This annual report encapsulates the impact created in the past year, and reflecting on the same. The initiatives taken up during 2022-23 by Bannerghatta Road campus is benefitting 40 families and 100 children.

Major Achievements:

- **Mukti Bike Challenge:** This is a week-long event organized by the NGO Oasis-India from October 29 to November 4, 2022. The objective of the challenge was to raise awareness about human trafficking and its various forms. Drishti, collaborated with Oasis-India and performed street plays in 13 different locations across India, starting from Bangalore and ending in Miraj, Maharashtra. The event had a significant impact on the community as it sensitized people about the issue of human trafficking, including child labour and sexual abuse. Street plays were performed in government schools and colleges, raising awareness among students about the risks of kidnapping. The widespread performances allowed Drishti to reach a larger audience across the country. The volunteers involved in the event gained valuable experiences and learnings. They were exposed to challenging and unpredictable situations, enabling them to better understand and navigate crisis scenarios. The event also provided the volunteers with a deeper understanding of the severity of human trafficking and enhanced their theatre skills through street plays. The experience sparked a sense of concern and motivation among the volunteers to actively contribute to the cause. The Mukti Bike Challenge gathered media attention through news articles and videos, which further amplified its impact.

- **MILAN 2023:** CRISHT Bangalore Central Campus hosted a remarkable biennial event organized by the Centre for Social Action. Over three days, it brought together children from different project areas, providing them with an array of activities and learning experiences. The event commenced with an opening ceremony featuring introductions, highlighting the project areas and initiatives, setting the stage for a memorable occasion. The first day featured a march past, games, and a lively carnival with stalls, and entertainment for children and volunteers alike. On the second day, non-stage events stimulated the children's creativity, with colouring activities and a "best from waste" competition promoting recycling. The closing ceremony included a captivating flash mob and surprises, followed by prize distribution and an after-movie capturing the event's highlights. The community was united, and children from the Bagalkot project area enjoyed a Bangalore Darshan, exploring famous landmarks. Milan 2023 had a profound impact, fostering camaraderie, sportsmanship, and talent expression among the children. Student Volunteers gained valuable skills, witnessing the positive influence they had on the children's lives, fostering empathy and understanding.
- **Ground to Glory:** Ground to Glory was held at the Decathlon Bannerghatta Flagship store from 5th to 9th March 2023, with the objective of promoting and supporting underprivileged children. The highlight of the event was the football match, where participants showcased their skills and passion for the sport. The match not only brought together players from different backgrounds but also attracted enthusiastic spectators who cheered and supported the teams. It created a sense of unity among the participants and fostered a spirit of healthy competition. Through the event's success, 'Ground to Glory' managed to raise enough funds to support the education of 12 students from project areas. This tangible achievement showcases the effectiveness of the event in making a real and lasting impact on the lives of underprivileged children. Ground to Glory brought together sports, community engagement, and fundraising to make a positive difference in the lives of underprivileged children. It created awareness, fostered unity, and raised funds to support education, showcasing the power of collective efforts in bringing about meaningful change. The event served as an eye-opener among the community, particularly the participating students, about the importance of education and the need to support underprivileged children's education. It highlighted the role education plays in empowering individuals and uplifting communities.
- **Clean Up Drive:** This drive, in collaboration with Akzo Nobel and Youth for Seva, revitalized the surroundings of Mahatma Children's Home. With dedicated volunteers and assistance from BBMP workers. The area was cleared and the walls were scrubbed and painted. The drive had a positive impact on the community, making the area more accessible and discouraging future waste dumping. Volunteers gained valuable knowledge on waste segregation and developed a sense of rapport. The event showcased the power of collaboration and the importance of collective action for environmental sustainability. The Clean Up Drive left a lasting impression, fostering a sense of pride and responsibility among the community members and inspiring future initiatives. The Clean Up Drive resulted in a significant improvement in the cleanliness and hygiene of the surroundings, making the area more pleasant and inviting for the community and the residents of Mahatma Children's Home. It significantly enhanced the quality of life for community members and residents in the neighbourhood. A cleaner and more aesthetically pleasing environment created a positive and uplifting atmosphere, contributing to overall well-being. By removing accumulated waste and debris, 'the drive' also helped to eliminate potential health hazards and

improved safety in the community. Reduced litter and properly managed waste reduced the risk of diseases, pests and accidents.

- ***Irenic:*** Irenic, focused on promoting positive mental health and coping mechanisms among students. The event, held over three days, aimed to raise awareness about mental health and combat the stigma surrounding it. The event featured stalls sensitizing students to different mental disorders and illnesses. An interactive workshop was conducted in collaboration with MACS (Mentoring and Counselling Services) to provide students with practical coping strategies. An orientation session on self-compassion was conducted by Miss Ridhi Pugalia, a Mental Health expert, emphasizing the importance of mental well-being. Irenic served as a timely reminder for students to prioritize their mental health in a competitive and stressful world. By promoting awareness, providing practical tools, and encouraging open dialogue, the event contributed to the overall well-being of the community and empowered individuals to take charge of their mental wellness. Students were encouraged to identify and understand mental health conditions portrayed by various characters from movies and web series. This exercise fostered empathy and a deeper comprehension of the diverse challenges individuals face regarding their mental well-being. Irenic successfully raised awareness among students about the importance of mental health. Through the event, participants gained a better understanding of different mental disorders and illnesses, breaking the stigma surrounding these issues.
- ***CSP Carnival:*** The Child Sponsorship Programme (CSP) Carnival, held on 21st January 2023, was a heart-warming event. The event began with enthusiastic preparations as CSA members discussed the interaction between students and children, along with decorations and arrangements. Children arrived in batches, radiating excitement. Highlights included interactions with first-year students from various departments, fostering curiosity and mutual learning. CSA star badges and lollipop accessories were awarded, and a grand entry was made through a rainbow carpet. Throughout the day, children engaged in fun activities and games, including Cupomatic and computer science exploration. A workshop on consent by MACS empowered children with knowledge of personal boundaries and the importance of saying "no". The Child Sponsorship Programme (CSP) Carnival created awareness among CHRIST (Deemed to be University) students about the positive impact their contributions can make in the lives of underprivileged children. The workshop on consent, conducted by MACS empowered the children with knowledge about their rights and limits, promoting a sense of empowerment and self-awareness. Through activities like Cupomatic and computer science exploration, the children had the opportunity to develop new skills and expand their knowledge in a fun and interactive manner.

Benefit to Volunteers:

- The volunteers gained a sense of purpose, satisfaction and fulfilment from contributing to a worthy cause. They were making a difference in the community.
- The volunteers developed a sense of unity and belonging through their engagement with the community and contributed significantly to society.
- Participating in events like a clean-up drive allows them to see tangible results and witness the positive impact of their efforts. It increases their understanding of the importance of waste reduction, recycling, and maintaining clean surroundings.

- The volunteers were exposed to more challenging and unpredictable circumstances, which improved their comprehension of and ability to deal with crisis situations.
- Events like Mukthi Bike Challenge enabled the volunteers to gain more awareness and insights about serious societal issues like human trafficking and child labour. It taught them to adjust to the surroundings and made them realise the importance of being grounded.
- The volunteers acquired professional abilities such as managing a team and cooperating with outside teams to accomplish a common objective. It taught the importance of teamwork, how a team supports and complements each other.
- The flagship event of MILAN 2023 helped volunteers to learn and know more about our project area children and understand the necessities of life and the value of luxury. This event also helped them in learning management and organisational skills.
- Volunteers gained an insight on how things work on an actual ground level and CSA as a whole impact the community. It made them realise how every small effort contributes to society.

Benefit to Community:

- Plantation drives enabled the locality to be transformed from contaminated dwellings to beautiful and safe environments with improved soil, air and water quality. Further motivating the local residents to keep the place maintained, green and clean. Preventing piling up of garbage and reduced pollution would prevent infectious diseases, boosting cleanliness and hygiene.
- Nutrition kit drive sensitized the families of the project area children about good nutrition and with the initiative of distributing rations to these families, they were able to provide for their household food with high nutrition enabling a practice of healthy eating and diet for the coming youth.
- Street plays and Mukthi Bike Challenge sensitized the people of various localities about pressing social issues. It empowered people to take action whenever such incidents took place. The advantage of partnering up with NGOs in the same cause allowed the actors to also inform the audience who they can approach in similar situations further spreading significant awareness. Making people more aware by telling stories of the pain a girl goes through in a society that has oppressed her further educated and sensitized about the disheartening side of the society and how there is an urgent need for change. The impact of MBC was massive as it was performed in over 13 locations about human trafficking and what should be the immediate response when one encounters such a situation.
- CSP fund raising activities enabled a sense of giving and caring for the underprivileged among the college students and through the help of which, children's education was able to be funded.
- Milan allowed the holistic development of the children from our project areas, inculcating a healthy habit of physical activity in their daily life while learning and having fun. The children learnt the importance of diversity as they mingled with children from other project areas and built a spirit of sportsmanship in a friendly environment.

Future Plan:

- Strengthen the collaboration with other NGOs.
- Strengthen the volunteer engagement through newly formed co-harts for Student Voluntary Body.
- Conduct CSA week
- Promote rural camps for students.
- Establish Parivarthana Unit in the campus.
- Facilitate events to improve and develop skills among volunteers by workshops and interactive sessions and collaborations with individuals and organisations.
- Promote ‘Social Entrepreneurship’ for engaging the Christ community in order to inculcate sustainable ideas and provide a platform for volunteers to engage and learn from influential entrepreneurs and to foster a space of creative ideas to direct the future towards impactful, green decisions.
- Create skits/plays to be performed by Drishti this year addressing the audience from slum areas to schools to malls focusing a wide range of topics such as addiction, abuses, health and wellbeing, and environmental concern.
- Conducts events such as Career Fest, Anti-Plastic campaign, waste management, etc.

Events Details: Refer Annexure

DELHI NCR Campus

CSA was established in CHRIST Delhi NCR campus during 2019 with a vision to make every student aware, sensitive, empathetic and contributing to sustainable changes in the society. CSA is a centre for promoting volunteerism and enabling students to develop as socially responsible citizens through developmental initiatives. As a student volunteer body CSA over the years engaging student volunteers in social development initiatives through i) Activity Centre - education and skill development, ii) Maitri - environment sustainability, iii) Drishti - act, react and impact, iv) Media and Communication - create, express and reform, and v) Anti Human Trafficking Club, facilitated by inter-dependent student wings.

During 2022-23 CSA provided a platform to 425 students to learn be responsible and respectful towards society and to work for a cause engaging in volunteering activities, which helped them to connect with the society and thereby contributing towards sustainable change in the society. CSA had strongly engaged in addressing issues related to child rights, socio-economic development of women, youth and farmers, livelihood, community mobilization, animal rights and environment/climate change issues in 2 slums of Delhi NCR (Bombay Colony and Nai Basti).

Coverage:

Slums	Families	Children	Women	Youth	Total
Bombay Colony	40	60	40	12	152
Nai Basti	35	45	25	10	115
Total	75	105	65	22	267

Major Achievements:

- **Early Learning and Training Centres:** There are two activity centres being maintained 'Neev' at Bombay Colony and 'Buniyad' at Nai Basti. These centres are functioning from afternoon till evening providing supplementary education to 70 children from the locality, besides providing non-formal education to children for enrolling them in formal schools. CSA volunteers work with children engaging them with various soft skill development activities, developing communication skills, art, sports and culture, and group activities that enhances their talents and promote team work. Republic day painting competition was conducted for children of Buniyad centre with participation of 44 children. Unnathi, an awareness session on good touch and bad touch was organized for the children at Ghaziabad on 30 Jan 2023, benefiting 32 (12 boys and 20 girls) children at Neev centre. Student volunteers from the university facilitated the learning through videos and group exercises. Sixty children from Buniyad centre were provided with educational kits, which ensured the responsible learning among the marginalized children.
- **Skill Development Training to youth and children:** Around 55 children and youth were provided with skill building training in working with the computers during 2022-23. Student volunteers have been the computer teachers in training them in familiarising with computers, using computers/mobiles for internet browsing, building knowledge through using search engines and sourcing information, accessing on-line services, etc.
- **Sensitization of women:** Women are benefitted through various sensitization sessions on different issues and concerns topics that are related to their everyday life. In the bargain even the student volunteers also got themselves sensitized on various issues affecting the poor and marginalized communities in slums.
- **Health promotion:** Conducted free one each health camp in both the slums and adopted schools, and conducted blood donation drives in collaboration with a Government Blood Bank and have facilitated free blood to the poor and needy. CSA also facilitated distribution of free wheel chairs to the differently abled persons. There was also three sensitization facilitated by student volunteers on Mental health and wellbeing in collaboration with the Department of Psychology on 6 & 9 July 2022 and 11 July 2023, benefiting a total of 81 children. A workshop on Menstrual Hygiene was conducted on 8 Mar 2023 for 34 adolescent girls of Bombay colony. CHRIST, Ghaziabad faculty had sensitized the participants for adopting low cost but safe hygiene practices and disposal of used menstrual products.
- **Livelihood promotion:** Workshops Sustainable livelihoods through small enterprise training programme for women of the slum areas was organized to empower them through skill training and through activities like Rakhi Making and Computer Saksharta. 32 children from Bombay Colony got trained in Rakhi making on 28 July 2022 by the student volunteers, while 15 children were trained developing skills of computer literacy by Department of Science, CHRIST Ghaziabad campus on 17 Feb 2023.
- **Eco-Ville:** On 6th Aug 2022, the volunteers conducted a special drive for collecting clothes and stationeries for the children of the project area. Mobilized clothes and stationeries were distributed to 45 children and helped to have additional clothes and basic stationeries for aiding their learning.
- **Clean-up Drive:** Around 400 students came together to promote cleanliness around the University campus on 8th Oct 2022. National Cadet Corps (NCC) from the nearby government

school had also participated in the drive, which was witnessed by a larger community, signalling them about the importance of keeping the environment clear and hygienic.

- **Udaan:** Christmas Carnival for the children of project are observed in the campus on 15th Dec 2022. Various activities including cultural programmes were performed by the student volunteers benefiting 85 children from the project area.
- **Jagruk:** The students of the university visited the adopted school to perform activity related to SDG 4 & 5, which advocate promoting quality education for all, especially girl children and ensuring gender equality and empower all women and girls. Around 250 children from the project area benefited through the programme.
- **Computer Saksharata:** A certificate programme in computer application was conducted for a period of three months for 15 children from the project area and they are provided with certificates on 17 Feb 2023.
- **Sustainable Holi:** Children from nearby 'Composite school' are sensitized 08 March 2023 on safe and sustainable 'Holi' festival celebrations. Around 250 school children learnt the pre and post safety measures to be maintained while celebrating 'holi'.

Benefit to Volunteers:

- Student volunteers became aware of the necessary policies and how they can help to aid the development of marginalized communities.
- Volunteers at CSA, are dedicated and committed regarding current social, political and economic matters, which can contribute to their holistic development, build up greater awareness and empathy towards society and its people, as they grow academically.
- They work with women, children of the marginalized section and understand the ground reality of the country that we live in. Volunteers also experienced personal growth in terms of working with the marginalized, addressing social issues, developing skills, building connections and networking.

Benefit to Community:

- The Centre for Social Action taken up various activities and events this year that would help for the betterment of the community to aid empowerment of people and to build sustainable communities.
- The children in the community get the opportunity to visit the university campus participating in various activities conducted for them in the campus like Christmas carnival, children's day celebration and they ultimately carry with them a dream to take up higher education.
- Many of the families have understood the need for quality and time appropriate education to their wards. There is gradual reduction in school dropout rates and an increase is noted in school retention. Events like the Child Sponsorship Day motivates students to strive for the best.
- Health seeking behaviour of the marginalized community is on the increase. They attend to the common ailments by approaching nearby health centres and hospitals for accessing treatment. Medical camps and blood donation camps promotes helping healthier individuals in the community.
- Street plays have been an important source of building awareness among the community on social issues.
- Programs on financial literacy for women and opening of a bank account have aided in the benefit of the women in the community.

Future Plan:

- Forming and strengthening SHGs in the project area, with the aim of empowering the women and also to sensitize them about various issues being faced by them.
- Establishing a tailoring unit and train young girls and women to take up tailoring as profession and guide them to become independent.
- Setting up a library at the Composite School, which would help the children to get an exposure to read books other than the course/subject book.
- Establishing a paper recycle unit in Ghaziabad campus, so that the paper waste generated can be recycled and reused, besides generating awareness on waste management.
- Organizing health camps in the community and Govt. Schools in the project area and to provide free medical check-up.
- Organizing blood donation camp in order to make available the free blood supply to the poor and the needy in collaboration with a government blood bank.
- Adopting a village and work with the community for facilitating student exposure and learning in understanding the problem being faced by the community and propose appropriate remedial measures.

Events Details: Refer Annexure

Kengeri Campus

Centre for Social Action began its operations in Kengeri campus during 2010-11. CSA is a platform for students to volunteer to play their role in volunteering for social issues. CSA from Kengeri campus makes sure that students balance their academic excellence with their social responsibility. This annual report consists of the details, impact, benefits for the community impacted by CSA, Kengeri during 2022-23 engaging 500 student volunteers and 90 children.

Major Achievements:

- **Waste Management Survey:** The waste management practices previously implemented on the Kengeri campus had proven to be ineffective due to an inadequate number of dustbins, poor waste segregation, and improper waste disposal. To come up with more effective strategies and initiatives, a survey was conducted with an intention of suggesting specific initiatives and long-term solutions. The volunteers collected the required data for the same, including the number of dustbins and the number of people generating the waste in comparison according to the crowd and requirements of specific eateries. This survey came out with recommendations of dustbins aligning with number of students and new initiatives and strategies that can be implemented to pave the way for a better waste management system and a cleaner and greener campus.
- **Ribbon's Club:** The Ribbons Club conducted several activities since January 2023 to generate awareness on various social issues and concerns by reaching out to communities. 'Disha', in

Kengeri campus review literature and identify topics that are of social importance and plan appropriate awareness activities to be conducted across the campus and other locations outside the campus. Some of the social issues that were addressed include Substance Abuse, Gynaecological Cancer, mental well-being, etc.

- **Disha Engineering Projects:** Engineering projects under Disha Wing is an ambitious endeavour aimed at integrating various engineering disciplines to develop innovative solutions and tackle real-world challenges. This project brings together the brightest minds from different engineering branches within CSA to collaboratively design and implement cutting-edge technologies. The project team, consisting of students and faculty mentors had formulated 'Cancer detection application' (Aug 2022) and 'Incinerator' (April 2023). The team is continuing their efforts towards identifying problems in the fields of automation, robotics, renewable energy, smart infrastructure, artificial intelligence, etc. Through brainstorming sessions and rigorous evaluation, the team will select the most impactful projects that align with the goals of the Disha Wing.
- **Book Donation Drive:** CSA volunteers conducted a week-long book donation drive during fourth week of July 2022 within the Kengeri campus. At the end of the drive, 75 books were donated to this noble cause by the students, faculty as well as the college library. The books received included a wide spectrum of genres like philosophical, novel, fairy tales, self-help, grammar and art. CSA volunteers visited NEST (a home for orphans) and handed over the donated books to the children.
- **Chat Over Coffee:** This is an interactive session conducted on 29 July 2022 igniting insight of every single member and sharing of their thoughts about sustainable lifestyle. The talk also took on a slightly philosophical note, where our purposes in life was discussed and volunteers were asked to connect it to Sustainable Lifestyle.
- **Aurora:** Aurora, a remarkable event organized by the Activity Centre wing of CSA on the special occasion of Sports Day. The event extended a warm invitation to students from Sneha Jyothi and NEST schools, offering them a day filled with excitement and fun-filled activities.
- **Drishti Plays:** The CSA wing Drishti performed a play **My Body My Choice** in the campus and then later in Gopalan Arcade Mall on 24 Aug 2022. The play raised awareness of women's rights to their choices regarding their own body. The play depicted a story of 2 women with contrasting opinions on their pregnancy. While one of them wanted to keep the child, the other woman wanted an abortion. The main aim of the play was to raise awareness about the recent overturn of the Roe Vs Wade verdict in USA, where now it has become illegal to get an abortion. The play intends to spark conversation about women's rights in terms of safety, equality and societies view on women and their choices. A play titled '**Not Anymore**' performed on 23 Sep 2022 is an attempt to welcome the juniors. This play focused on the topic of anti-ragging and anti-bullying and was done in collaboration with the Anti-Ragging cell of CHRIST (Deemed to be University). It acted as a framework to let students know that they need not shun the urge to raise their voice and speak up against any form of harassment they experience or notice around them. Yet another play **Beyond the Closet** is performed on 26 Nov 2022 in the campus and later in Bayalu Ranga Mandira, near Town Hall for the occasion of Pride celebrations. The play actors put up a mind blowing and heart touching performance about the difficulties that are faced by people of the LGBTQ+ community. The play was greeted with a standing ovation and a round of applause for being able to make individuals feel like they're not alone in the battle against oppression.
- **Inara:** Inara was an event aimed at initiating various activities for the development of an individual through the art of acting and street plays through various competitions, workshops

and stalls facilitated by Drishti team. It aimed to create an impact on the differently abled children of Krishna Chaitanya, a CSA project area. The event conducted for three days (29-30 March and 01 April 2023) consisted of an acting-based competition whose major themes included 'equality and quality education'. A dance-based event which was based on the themes of neuro-divergence and equality, a workshop on the expression of emotions through acting and a visit to Krishna Chaitanya's where activities were conducted to promote the well-being of the 38 children there and a few tools for facilitating the learning of these students were donated.

- **Marathon for Gynaecological Cancer Awareness:** CSA collaborated with the Sports council of the college to organize a Marathon to promote awareness of Gynaecological Cancer and the new vaccine released in India for cervical cancer on 02 Sep 2022. Volunteers engaged in distributing ribbons and face painting. A photo booth was also set up in the same spot for the promotion of the event. Aside from students, we also had non-teaching and teaching faculty join us for the marathon. The event started at 4:30, and the participants completed one lap across the campus to complete the 5km marathon. Medals were distributed to the first fifty to complete the marathon.
- **Peer Education for NEST children:** Six Peer Education mentors along with CSA Activity Centre volunteers conducted regular visits to NEST, which is a home for orphans from Sep 2022 to March 2023. The aim of this collaboration was to identify any well-being issues faced by the children residing there, specifically related to mental health. The Peer mentors were chosen for this as they are trained and sensitized towards many prominent issues and were trusted to communicate with the children to get insights into what problems they might be facing.
- **English Classes for Housekeeping staff:** CSA conducted English classes for the housekeeping staff from Nov 2022 to March 2023 to teach them basic communication skills in English. The classes took place throughout the year with a particular set of volunteers.
- **Nauka Classes:** Nauka classes are an initiative towards ensuring that the students of class 10th are able to study and understand and the concepts in their respective syllabi, and pass their board exams with flying colours. Students were selected from CHRIST (Deemed to be University), and these students go once a week (from Nov 2022 to March 2023) as per their allocations and teach allotted subjects to the students. There are plenty of doubt clearing sessions and individual attention is also given.
- **Rural Exposure Camp:** A two-day rural camp was conducted at one of the project sites of CSA in Kolar district benefiting 40 student volunteers. The objective of the rural exposure camp was to sensitize the CSA volunteers to the way of rural life and its various aspect by activities like agriculture, clean-up drives and sports for 40 children.
- **Milan:** A biennial event conducted for three days (12 to 14 Feb 2023) at CHRIST involving 250 children from CSA's project sites. Volunteers of CSA was facilitating the days, providing these kids options and experiences they've never had before is a leap toward their happiness. Children took part in activities like athletics, dance, workshop, cultural nights, and many other events. Through these activities the volunteers tried to help the children who discover their hobbies, and areas of interest and help them to take a step toward realizing their goals.

Impact on community

- The Weekday Classes and Weekend Visits to the partnering organisations have helped us to ensure quality education to all those children who required it the most. Also the helping staffs

of the university were also able to develop their linguistic skills, which would be helpful to interact with the students and others in due course of time.

- Inmates of Krishna Chaitanya were helped with not only getting access to education but also providing them with equipment for the good health and wellbeing of those in need.
- Various sensitization plays helped the community to speak up and raise their voice against injustices.

Impact on Volunteers

- All the classes and workshops conducted by the students helped them in personal growth as it helped them enhance their communication, leadership skills as well as their ability to adapt.
- Volunteers who were engaged in plays, awareness campaigns and other things got to learn more about different community.
- Coming up with unique solutions to address and solve the problem helped our volunteers in enhancing their problem-solving skills and to ability to make quick decisions.
- Our volunteers also get to meet and interact with other people with diverse background which helped them in getting exposure to diverse perspectives and experiences and broaden their horizon, not to forget about fostering of empathy.

Future plan

- Collaborations with different NGOs.
- Health and plantation drive across the Gopal Nagara village.
- Organ donation and hair donation drives amongst the students.
- Awareness generation on mental health, menstruation, nutrition, sexual abuse etc., and yoga and exercise drives to promote overall well-being.
- Career and Educational Fests will be conducted for organizations to make the children aware of the options available for them to have a brighter future.
- Clean and green initiatives, such as clean-up drives outside the campus and awareness campaigns to promote sustainability and better waste management.
- Video series and documentaries to showcase the hardships faced by the community.
- Publish CSA newsletters and magazines.
- Sensitization through 'plays' focusing on several social issues with a wide range of audience from schools, NGOs, malls to campus.
- Continue events like 'Chat over Coffee' and other interactive activities such as workshops.

LAVASA Campus

Centre for Social Action in CHRIST(Deemed to be University) Lavasa campus started functioning from August 2019. As an important wing driven by the student promoting volunteerism among them and addressing the social concerns of the rural children and communities. The students from different cultural backgrounds and ethnicities serve together for the development of the people around them. 177 CSA Volunteers have the opportunity to explore more about the communities around the campus during 2022-23. Ensuring quality education to the underprivileged children is the major focus of CSA in Lavasa campus. Volunteers identified 3 villages near to the campus and initiated activities that helped them in developing in to more responsible citizens. More than 150 children and around 100 women from these villages have directly benefited from various activities of CSA including weekend classes for the children from nearby schools, clean-up drive, nature walk, etc.

Major Achievements:

- **Signed MOU with KITES INDIA Foundation:** KITES INDIA is an NGO that works for the development of youth. CSA in Lavasa campus signed an MOU with them to identify and address the issues faced by youth and for developing their leadership skills.
- **Project Bridge:** Project Bridge is an important activity coordinated by the volunteers for conducting weekend classes for the school going children around Lavasa campus. More than 140 children benefitted out of this project implemented from Oct 2022 to Feb 2023 by 30 student volunteers.
- **Activity Kit Distribution:** The volunteers of Maanavee wing distributed Activity kits for 35 kids in the nearby Tribal village during Sep 2022. These kits included activity note books, stationeries, etc., which did help the children for engaging them in meaningful learning activities, thus assuring a quality education.
- **Project Pradhan:** There two events conducted under this project; one is a book donation drive and the other is collecting used cloths and stationeries. Book donation drive was an activity conducted for two days (9 & 10 Sep 2022) that collected used books of senior students and sold to junior students for a token price. The mobilized money thus collected was invested on stationeries distributed to 75 children of Project Bridge. The other event collecting used cloths and stationeries from college outgoing students, was a long drive from 31 Oct 2022 to 16 Feb 2023. Collection boxes were kept at different places in the campus by the student volunteers. Volunteers segregated the items and cloths were distributed to 50 people residing in a village near to the Lavasa campus, while the stationeries were distributed to the children of the same village.
- **Drishti Street Plays:** The volunteers of Drishti wing coordinated 4 different acts based on social issues. Anti-ragging play was conducted during Oct 2022 benefitting 60

students in collaboration with Anti-Ragging Cell and School of Law from the university, while the street play on drug abuse conducted during Dec 2022 was witnessed by around 100 common people.

- **Clean up drives and Nature walks:** Prayatna wing of CSA had conducted two clean up drives across Lavasa city as Good Deeds Day campaign during March 2023. At least one each kilometres of the area in in two different locations in Lavasa was cleaned up by 40 student volunteers. They were joined by another 50 community members in collaboration with an NGO KITES INDIA. There was also a nature walk to explore the beauty of Lavasa city involving the student volunteers and volunteers from the collaborators, which garnered the attention and support from the tourists who came to the city.
- **Cancer Awareness Day parade:** There were two events conducted on 03 Mar 2023 and 04 April 2023 to commemorate 'World Cancer Day', with the aim of raising awareness about cancer, which causes millions of deaths every year and pressing individuals across the society to take appropriate action to prevent cancer. The events benefitted approximately 50 people and 65 student volunteers.

Benefit to Volunteers:

- Opportunities to involve in the communities for their development
- Improved team building and communication skills
- Became more flexible to adapt changes and able to face challenges
- Improved social responsibility and awareness about the social issue
- More outreach other than the classroom learning

Benefit to Community:

- Aware of various social issues that are crippling their growth and development.
- Availability of good supplementary educational support to their school going children.

Future Plan:

- Continue to implement Project Bridge and organize festive programmes for kids under Project Bridge.
- Math Olympiad
- SPRING-ORA (Summer Camp)
- First Aid Training
- Arogya Stalls
- Project Blend- Interaction of the volunteers from different cohorts
- Project Sankalp- Educating the rural area people
- Medical and Blood Donation Camp
- Village Visits
- Awareness Classes for Pregnant Ladies
- Drishti Street plays reflecting social issues

Events Details: Refer Annexure

YPR Campus

CSA at Yeshwanthpur campus was formally established on 10 November 2022. About 250 students have registered with CSA during 2022-2023. The CSA at Yeshwanthpur campus is taking baby steps in initiating all the activities that form part of the verticals of CSA. Currently we have engaged these volunteers to work in two villages with 25 families, 50 children, 20 women and 15 youth. Efforts are on to extend the volunteering activities to Indhira Nagar near Nagasandra. The student voluntary body will structure its activities accordingly to newly framed cohorts. More focus will be rendered to waste management activities including re-cycling of waste and sensitize the students on waste management practices.

Coverage:

Villages	SHG	CLA	Federation	Families	Children	Women	Youth
2	-	-	-	25	50	20	15

Major Activities:

- **Rural Exposure:** During 2022-23, the students had an opportunity to rural immersion and learning with one of the project sites of CSA at Kolar district. A team of 49 students learnt the rural life, culture, livelihood, festivals celebrated, early childhood education centres, etc.
- **Promotion of Parivarthana products:** This was an event where sale stalls were put up for promoting recycled paper products produced by Parivarthana unit of CSA on 27 Feb 2023. Information about dry waste and wet waste collection, segregation, recycling and manufacturing paper products were shared with students. There was also stalls selling 'artefacts' made by students too. As part of the promotion, 'Drishti' team put up a street play to introduce CSA.
- **Treasure Hunt:** Prayatna wing of CSA conducted a treasure hunt and the clues were all related to the contribution of Parivarthana in waste management and on preserving the mother earth. The hunt was participated by 39 students on 24 Mar 2023. Recycled paper products from Parivarthana were also promoted through putting up a stall for selling the products.
- **Milan '23:** This is an intercampus biennial event conducted by CSA during Feb 2023, where children from all project areas come and participate in games, art and cultural activities, sports, etc., for three days. As a pre-lude to this event CSA volunteers had put up stalls to spread information about MILAN'23, and with that we also had the

Parivarthana products kept for sale. There was also play performed by Drishti team to promote MILAN'23.

- **Book Donation Drive:** CSA volunteers conducted a book donation drive for five days from 20 to 25 February 2023. The donated books were distributed to a nearby government school benefiting around 50 students.
- **Women's Day:** On 8 Mar 2023, women day was observed involving all the housekeeping staff of the campus facilitated by student volunteers. There was a technical session on mental health, and cultural activities to mark the occasion, besides a street play performed by Drishti team promoting girls' education.
- **Financial Literacy:** The non-teaching staff of the campus were sensitized on the different financial assistance and loan schemes that are available with financial institutions, especially from government. Faculties from Department of Commerce facilitated the learning session participated by 50 non-teaching staff.

Benefit to Volunteers:

- The volunteers learned about the adopting to different environment and locations to live with and learn from the community. Rural camp also helped the students to initiate actions to adopt a village community near to Yeshwanthpur campus.

Benefit to Community:

- A larger student community were enlightened on the social issues, waste management, need and importance of promoting quality education among the under privileged children.

Future Plan:

- Adopting a village community and initiate community development activities.
- Initiate waste management practices in the campus.

Events Details: Refer Annexure

4. KEY INITIATIVES

- Mid-day meals provided to 2 schools in Vriddhi Project area school children, Bosch skill development Students, and Parivarthana Staff. Promotion of nutrition among children and increased sensitization over the need for nutritious food intake.
- Environment promotion through planting 10,000 saplings at Bingipura landfill to increase social responsibility among students.
- Covid Courts of women- The audience were sensitized from an entirely different section of society, giving them a sense of perspective and exposing them to the harsh realities of the pandemic for women.
- International Film Festival – A unique Travelling International Film Festival that focused on Gender Equity, Diversity & Inclusion and sensitised audience.
- Ground to Glory - Fund Raised through football tournaments, sensitised students on CSP and emergence of social accountability and responsibility.
- Education and Nutritional kit distribution - Children received supplementary nutrition and family members were sensitized on the need and importance of healthy nutritious intake of food.
- Medical Camps - 200 Children in LR nagar and 100 children in Janakiram layout
- Milan - Bi annual event – Students were engaged for 2 days in University - 200 children from various CSA project areas came to campus and engaged in sports and cultural activities
- University was ranked by ‘World Universities Real Impact’ (WURI) 2023 - CSA participated - “Ethical Value”.

5. SPECIAL PROJECTS

CSA is also implementing a few special projects in different States/locations, viz., Kainakary, Niravilpuzha, and Snehagiri in Kerala, and Jettikundi in Karnataka.

1.1. Integrated Community Development Project (ICDP), Niravilpuzha, Kerala

This project is been implemented at Niravilpuzha, Wayanad, Kerala since in coordination with Cyriac Elias Voluntary Association (CEVA) aimed at developing skills of the village 64 youth with diversified skill development initiatives like tailoring, driving and other livelihood activities and developing computer literacy of the 117 children.

Objectives:

- To provide enhanced educational support to students and help students overcome specific challenges they may face in their studies.
- To provide individuals with the necessary skills and knowledge in the field of tailoring
- To promote digital literacy skills for the children

Impact created:

- Improvement in students' academic performance
- Enhanced confidence and self-esteem among the village children and youth.
- Creation of employment opportunities for youth, contributing to skill upgradation, career advancement and economic empowerment of the individuals.
- Empowered children with digital skills, knowledge and enabling them to navigate and utilize technology effectively.

Major Achievement:

- **Academic Support centres:** Fifty-two children have been attending the special coaching provided through the centre. Coaching was given to the children according to the learning level. With this coaching here, there has been a good improvement in the learning standards of the children. During the vacation months of April and May, apart from the children of the centre, special tuition was given to the children of the Pannipad Colony near to the Centre. They have been able to make good academic progress.



- **Vocational Skill Development**

Vocational skill development centre has provided training in tailoring for 64 youths during 2022-2023 for a period of 3 months. Certificates were given to 10 people. After the training one student opened a tailoring shop in the town and 37 people started maintaining tailoring unit in their own homes.



- **Digital Learning Centre**

Computer classes were conducted in two batches with a duration of six months each. A total of 65 children were trained in handling the computers with various MS Office tools. After successful training two of them got jobs in Akshaya Centre being maintained by Government. It was very beneficial for the children studying in middle and high school as the computer practical classes are available only for a short time in the school and they get their learning reinforced through the digital learning centre.



Benefit to Community:

The project benefits the overall academic performance of students in the community and reduced educational disparities within the community contributing to a stronger and more resilient community. A team of skilled tailors have ensured the livelihood of their families through supplementing the family income. A computer-literate community has promoted has helped in educating children and community members about responsible digital citizens and follow online safety practices.

Future Plan:

- Special days of observations
- Formation of SHGs in the community
- Increased partnerships and collaborations
- Develop community outreach initiatives
- Establishing Mobile Computer Labs
- Professional Development for Staff
- Entrepreneurship and Innovation Programs

1.2. Saint Chavara Community Development Centre, Kainakary, Kerala

Saint Chavara Community Development Centre is (SCCDC) the social face of Kainakary village, the birth place of St. Chavara one of the prominent Social Reformers in India functioning since 2002. The focus of the activities of SCCDC is to promote the Social welfare and address problems in human lives through empowerment and liberation of people. SCCDC has conducted plethora of activities for the betterment of the members in the community including medical camps, monetary support program to enhance health conditions, awareness sessions on rescue and safety and has also contributed to the knowledge acquisition for numerous students through internship opportunities.

Objectives:

- To improve the standard of life for the community members of Kainakary
- To generate awareness on the various health conditions and preventive measures
- To promote higher education and provide guidance
- To collaborate with various institutions to promote networking in bridging the development gaps.



Major Achievement:

- Career Guidance Classes: A 2-days Career Guidance Class in collaboration with Chavara Friends Club was organized. Children from 15 wards of Kainakary Grama panchayat have participated the class. The participants benefitted from learning the best career choices and prepared them about better planning, exploring opportunities, and enrolment trials, etc.
- Promotion of Internship: 16 MSW students from Assumption College, Changanaserry had undergone internship training.

- Health Survey: A survey was conducted in a couple of wards of Kainakary Panchayat to assess the general health situation of the panchayat. Skin diseases was reported by most of the people, which was of polluted water in the vicinity of the panchayat.



- Improved economic status of the family through increased income potential, and the ability to break the cycle of poverty.
- Pradhithi 2022: 7 days' community study camp was conducted as part of promotion of internship and research work on SCCDC with the support of Social Work Students from Assumption College, Changanaserry during this year. Baseline study was conducted employing Participatory Rural Appraisal (PRA), home visits, Focus Group Discussion with children and Elderly.
- Promotion of Education: During the reporting period SCCDC has given away ₹85,000 towards the financial support for higher studies and professional courses of deserving and marginalized children.
- Awareness Training: SCCDC organized 10 sessions on generating awareness on pollution, and various types, sources of plastic waste, impact of plastic use, remedial measures to reduce the usage of plastic among household, etc., in collaboration with Kainakary Grama Panchayat.
- Eye camp: SCCDC organized a free eye camp in collaboration with Ahalya Foundation, Changanaserry for the senior citizens of the panchayat. Needed patients were treated with provision of free spectacles and medicines. Around 200 people had been benefitted out of the camp.



- Medical Support: During 2022-23 a sum of nearly one lakh was provided to the community members ranging from ₹5000 to ₹10,000 as a medical support for treating illnesses like cancer, bipolar affective disorder, kidney diagnosis, chronic heart diseases, and any specific illnesses that required medical surgery.
- Chavara Rescue Classes: In collaboration with Department of Health, Police, Fire and Rescue, and Excise, five rescue classes were organized in 5 wards of the panchayat. Relevant sessions covering topics like operating fire extinguishers, road safety rules, management of everyday minor accidents, minor cuts, graze bleeding and burns, laws related to liquor, narcotic drugs and psychotropic substance were discussed.
- Observing days of social and cultural importance: SCCDC had observed the Anti-drug day through conducting a poster competition involving 50 children to understand the seriousness of drug abuse and preventive measures. Onam and Christmas were celebrated by conducting various games for the members of the community to spread the love and good cheer. Visit to Elderly homes were also carried out to spend quality time with the disadvantaged population, sing carols and gift some cakes. Women's day was also celebrated by the Chavara friends Club.
- Chavara Counselling Centre: In order to provide continuous and timely counselling and professional assistance in handling the personal and professional problems the Chavara Counselling Centre was established during this year. The centre is professionally managed with counsellor. During this year the centre counselled 28 persons. Clients needing more specialized services were referred to the nearby government hospitals for psychiatric treatment and care.



Impact created:

The potential impact created at Kainakary through the mentioned programs includes

- Increased access for higher education and professional education.
- Strengthened Community Resilience
- Existence of Social Cohesion and Community Development
- Improvement in health indicators.
- Increased awareness among individuals and communities for early detection and treatment of diseases resulting in increased access to essential healthcare services, and better management of chronic illnesses.
- Improved immunization coverage.

- Improved economic status of the family through increased income potential, and the ability to break the cycle of poverty.

Future Plan:

- Scaling up similar programmes and activities.
- Strengthening Collaboration and Partnerships
- Advocacy and Policy Engagement

1.3. Empowerment of Youth in Mala Gram Panchayat, Snehagiri, Kerala

The project empowerment of youth in Mala gram panchayat at Snehagiri in Thrissur district, Kerala is three-year project and not at the final year of its period, focusing on the mass empowerment of youth towards community development.

Objectives:

- To contribute towards community development through youth empowerment
- To develop a resource centre and a support system to coordinate and sustain community development initiatives.
- To improve the living standards of the community through social capital generation.

Major Achievements:

- Youth Orientation: Youth Development and Leadership programme is conducted on 9th May 2022 for 22 youth from Mala gram panchayat to prepare them to meet the challenges of adolescence, adulthood and achieve his or her full potential. This programme included activities and experiences that help the youth develop social, ethical, emotional, physical, and cognitive competencies, which would help them in developing the ability to analyze his or her strengths and weaknesses. It also includes setting personal and vocational goal, having self-esteem, confidence, motivation, and abilities to carry them out.
- Goal Setting Programme for Youth: During May 2022 a one-day orientation was conducted for 20 youth on goal setting and selecting a career. Youth were guided to set goals for the life through some games and exercise. They were given a few tips on how to make a career choice and what all factors that should be considered while making a career choice. The choice of a career depends on the job prospects of the field and most certainly the interest of the candidate.
- Street Theatre Arts: This program was intended to shape lives through theatre education by enriching the theatre education experience of the youth of Mala gram panchayat. This program offered a range of academic, social, and emotional benefits to the youth. This included a greater ability to accept people with different opinions from their own and understand the diversity of ways others experience the world. A theatre art expert had sensitized 25 youth about i) the danger of addiction behaviour (both drug as well as

alcohol), ii) violence against women through performing theatre arts. A number of practical sessions and rehearsals were done.

- Seminar on Drugs and its Bad Effects on the Youth: As a part of an on-going training programme to the youth a seminar on 'Drugs and its bad-effects on the youth' was organized and participated by 40 youth. The participants were made to understand the substance use disorder caused by substances such as alcohol, marijuana, narcotics, steroids, cannabis, opium, etc. They were also helped to understand the imbalances that the substance use bringing in personal and social life.
- Rights of Minorities: 35 youth and their parents participated in sensitization session on Rights of Minorities highlighting Article 26 of Indian Constitution. Constitution provides the religious minorities the right to establish and maintain institutions for religious and charitable purposes and to manage their own affairs in matters of religion, in any manner they wish to administer and maintain such property in accordance with the law. He reiterated that the religious minorities have been assured by provisions in our constitution that their special interests - religious, cultural, educational and social are to be protected.
- Winners' Day '22: On 25th June 2022, the students obtained Grade A+ in the Mala panchayat were honoured ceremonially. Thrissur District Panchayat President inaugurated the meeting and delivered an inspiring speech. Mr. Babu.T.K gave a brief introduction about Miss: Asna Sherin, who in spite of her Spinal Muscular Atrophy (SMA), achieved Full A+ in SSLC Examination. She shared her experiences and gave a very motivational speech. She was honoured with a Certificate of Appreciation and a Cash Award. Then the School with the highest Full A+ was honoured, followed by the students who achieved Full A+ in SSLC Exam. Four selected students from Snehagiri Locality who got Full A+ in Plus Two Examination were specially honoured. These meritorious students shared the secret of their success- how they studied, how much time they spent and what was the best time to study etc. This was followed by an interactive session conducted by Mr. Babu.T.K. He gave some valuable guidelines on how to prepare for competitive examinations. The students were given opportunity to clarify their doubts thoroughly.
- Outing to Athirappilly and CSR Pariyaram: A one-day outing to Athirappilly-Waterfall and CSR Pariyaram was arranged on 28th July for the students who passed SSLC Examination in 2022. They were accompanied by Fr. Joy Vattoly, the Director, Snehagiri Society, Mr. Babu.T.K, Mr. Gikhil and Mr. Jisbin Jose. The group left from Snehagiri at 8.15 a.m. with a prayer led by Rev.Fr. Joy Vattoly CMI. They spent about two hours at Athirappilly-Waterfall. All enjoyed the scenery and the natural breeze there. Then they proceeded to 'CSR' Pariyaram which is a retreat-centre located on the bank of Chalakudy River. They had lunch over there in that serene atmosphere. After the lunch, there was a sharing session in which all the students expressed their future plan of study, revealed their aspirations and ambitions. It was followed by games, fun and some entertainments which was a kind of relaxation for everyone. Mr. Jisbin Jose who holds a Master's degree took a lively class to the students. He gave a true scenario of this competitive world and enlightened the students with his practical knowledge and relevant information that mainly focused on how to prepare effectively for competitive exams. The students

clarified their doubts from him regarding Civil Services Examinations, Training/ Coaching Centers, Necessary Sites, and the like.

- Competitive Exam Orientation cum Educational Kit Distribution: As a part of Competitive Exam Orientation, CYC Snehagiri conducted an Educational Kit Distribution in which 75 students participated. They were given a number of study materials that would enable them to prepare effectively for the Competitive exams. Several dignitaries were present at the function and they gave inspiring speeches to motivate the youth to inculcate in them a habit or desire for preparing competitive exams in a systematic manner.
- Orientation on Competitive Exam to Young Women: A meeting of Femina members was held at CYC Hall, Snehagiri on 9th June, 2022 from 6.00.p.m. to 7.15.p.m. About 40 female members and some parents were present at the meeting. The meeting commenced with a prayer song followed by the welcome speech by Rev. Fr. Dr. Joy Vattoly, the Director Snehagiri Society. Rev. Sr. Dr. Vimala CMC, the Chief-Guest, gave an inspiring talk and highlighted the need of women to come to the fore-front and become responsible leaders to lead the society. She also spoke about the necessity of growing up with moral values, promoting Christian virtues, spreading the messages of peace, love & patience and becoming ideal leaders.
- CYC Animators' and Leaders' Meet: The main purpose of this program was to review and plan for the future regarding some of the impending activities. The animators encouraged the CYC leaders-to come to the fore-front and give their innovative ideas and suggestions. They suggested increasing the frequency of the leaders' meet. It was decided to conduct the leaders meeting prior to every program as it would give more opportunities to the leaders to involve themselves in the planning level till the end when these planning are precisely executed.
- Onam "Then" and "Now": On 3rd September, 2022 CYC Snehagiri organized a unique 'Onam Celebration'. It was titled Onam 'Annum' (Then), 'Innum' (Now). The CYC members had prepared a beautiful 'Pookalam' (floral arrangements or colour sketches on the floor or ground). The celebration started at 3.00.p.m. with a prayer song. Fr. Joy Vattoly CMI welcomed the audience and declared that it was quite an informal gathering. Then the sharing session started in which many elderly people shared their sweet memories and experiences of their younger days. Their sharing was very informative and useful to the whole audience. It was a new knowledge and novel experience to the younger generation. Some of the CYC members spoke about how they celebrate Onam these days. This enabled them to compare the Onam celebration of olden days and the 'new-gen' Onam celebration. One of the participants sang a 'naadan paatu' which is a folk song sung to propitiate Gods seeking their blessings. CYC female members performed a fusion - a film song with dance which was similar to 'Thiruvathirakali' (Kerala's traditional folk dance or ritualistic dance performed by women). In a nut shell, the event was quite colourful and memorable to both the old generation and younger generation. All those who were present suggested that this new way of Onam Celebration should be continued in the future as well.

- **CYC Get-together:** In order to acknowledge and appreciate the CYC members' hard-work, Snehagiri Society organized a get-together for all the CYC members. The students were given valuable guidelines on the effective preparation for the Competitive Examinations. They were updated with the various developments that take place. The trend now is to migrate to abroad and many students don't want to prepare for PSC or UPSC, instead they want to leave India. The speakers highlighted the point that getting a government Job in India is much better than getting a job elsewhere. The students realised the dignity in getting a government job in our own country. Most of the students changed their minds and decided to pursue government jobs by intensive Competitive Exam Preparation.
- **CYC Members' Christmas Celebration:** On 22nd December 2022 CYC Snehagiri organized a Christmas Celebration for the youth of Mala Grama Panchayath. The youth took the initiative, made a crib, illuminated a Christmas-tree and hung the stars. All the youth sang the Carol Songs and joined the Santa Clause in singing and dancing to make the Christmas Celebration a meaningful one. Rev. Father Joy Vattoly CMI, the Director Snehagiri society gave the Christmas Message of Peace and Love to all those who were present. He also added that the youth should spread the spirit of peace & love. He reminded everyone that all should cultivate the habit of sharing throughout life. He emphasised the importance of competitive exams and getting a government job to settle and succeed in life.
- **Leadership:** CYC organized a programme intended to develop an insightful understanding of Leadership among the youth. Mr. Binu Kaliyadan, a well-known motivational speaker and the HR Director of training Hub, Aluva took the class on Leadership. Mr. Binu is an expert in giving motivational classes to the school and college students as well as corporates. On the out-set itself, the Resource Person stated that Leadership is the most observed but least understood phenomenon. He could capture the attention of the participants very easily. He spoke on the various aspects of leadership from his real-life situations which really had an effective impact on the participants. The session was quite lively, vibrant and interactive by itself and had lots of take-away. He enunciated that the functional leadership qualities such as good character, power, managerial capacity, initiative and responsibility are the quintessential of an ideal leader. The participants got an opportunity to play some games which go hand-in-hand with the theme 'Leadership'. The participants were given adequate time for reflection and in their feedback, they opined that the session was quite useful for their lives as they got various tips to be 'Good or Exemplary Leader' in today's world, in their own way. Resource Person: Mr. Binu Kaliyadan. Number of Participants: 30. Coordinator: Miss. Arya Kennedy

Benefit to Community: IMPACT

This programme enabled the participants to promote positive relationships with both the peers and the adults.

Goal setting.

It also aimed at providing professional development for the youth including influencing public opinion that theatre education is essential and builds life skills.

Theatre Art: This program helped the youth to introduce a concept of education that allows a space for dealing with sensuous impressions, examining knowledge, experiencing disconnections, re-experiencing meaningful connections and learning "how to know." This is a different form of education than where the emphasis is merely on the "flow of information."

1.4. Jettihundi, Karnataka

CHRIST HEALTH AND WELLNESS ACADEMY, JETTIHUNDI

Title of the Project: ‘CARE AND EDUCATION FOR 28 DISABLED CHILDREN AT JETTIHUNDI IN MYSORE, KARNATAKA’

Duration: The project started for 3 years from 1st April 2021 to 31st March 2024

Long Term Objectives of the Project:

- To help children with physical and mental disabilities to move forward to the mainstream of society
- To motivate them to join with their family, with society and with peer groups
- To make them continue with normal school education

Short Term Objectives of the Project:

- To support the family members of differently abled children
- To provide proper training through various skilled activities and craft works
- To organize celebrations and entertainments for these children
- To set up interactive platform with normal children
- To provide timely health interventions, health check-ups, immunization etc.
- To organize skills and income generation training

Targeted Group:

The beneficiaries of the project are children with mental and physical disabilities at the rural areas of Mysore. The target group for the disabled support program will be children age ranging from 6-20Yrs with a mental and physical disability in the district who live in poor families that cannot afford (medical) care for their children.

Inputs:

A. Identification of differently abled children through home visits, case studies, school visits, Village hospital visits, and group orientations etc.



- Home Visit

- Village Hospital Visit



- School Visit

- Group Orientation Program



B. Regular classes and skill development training sessions



C. Regular Health Check-ups and monitoring of Health



D. Awareness programmes for the parents

E. Interactive platform with normal children



F. Celebrations and Entertainments for the children

- Ayuda Pooje

- Children's Day



● Disability Day

● Diwali



● Father's Feast Day



● Gandhi Jayanthi



● Christmas Celebration



● Kannada Rajyothsava

Impact

- A. Awareness in the community about the importance, care, and protection required for the children with disabilities.
- B. Awareness about the School, as home for the disabled children
- C. Minimization of maternal/infant deaths and disabilities cases
- D. Minimization and decline in cases of malnutrition and causalities through different disabilities especially in children.
- E. Positive attitudinal change of public towards differently abled children
- F. Differently abled children character formation and personality development
- G. Improve in capacities of the disabled children

Coverage:

Numbers Covered								
Villages	SH G	CL A	Federation	Families	Children	Women	Yout h	Any Other
50 plus	-	-	-	30 plus	25 plus	50 plus	-	-

Major Achievement:


- **VIJAY M – Age 8 yrs (Address: Beerihundi Village, Mysuru Tq, Mysuru Dt, Karnataka)**

Vijay M was one of the students of our school and had a disorder called Cerebral palsy (CP). CP is a group of disorders that affect a person's ability to move and maintain balance and posture. CP is the most common motor disability in childhood. Cerebral means having to do with the brain. Palsy means weakness or problems with using the muscles. After a surgery, proper guidance and medication he is able to walk and stand on his own feet. As per the Doctor's suggestion he will be able to go to school after proper rest.

Future Plan/Way Forward:

- To identify more children with disabilities by extending our survey and field work activities
- To create mass awareness on the need of special care and protection for children with disabilities.
- To provide more advanced trainings and coaching to our students.

- To make use of every chance to bring children with disabilities to the mainstream of living.



CHRIST (Deemed to be University)
Hosur Road, Bangalore - 560 029
mail@christuniversity.in
www.christuniversity.in