



**SDG Cell - University Level
CHRIST (Deemed to be University), Bangalore**

Activity Report

General Information

Type of Activity	SDG Cell Stall
Title of the Activity	Mental Health Day
Date/s	10 October 2023
Time	9 AM – 4 PM
Venue	Near Central Block, Christ University
Collaboration	

Address Details

Name	Dr. Leena James
Title/Position	Professor, School of Business and Management, Coordinator, SDG Cell
Organisation	CHRIST (Deemed to be University)

Participants profile

Type of Participants	Students from UG + PG, SDG Cell Representatives
No. of Participants	90+

Synopsis of the Activity (Description)

Highlights of the Activity	SDG Cell set up a stall for Mental Health Day to raise awareness about Mental Health and mobilize efforts in support of mental health around campus. It is an important day to recognize the importance of mental health and to promote well-being for all people. We had a set of various fun activities in the stall including, 'Guess the Sustainability Logo', 'Tick-tac-toe', 'confession box and positivity jar'. There was also a designated area for promoting physical fitness which involved participants to perform push-ups. Our stall attracted a lot of crowd and students involved seemed to be enjoying all the activities conducted
----------------------------	--

Report prepared by:

Name of the Organizer	Dr. Leena James
Designation/Title	SDG Cell
Report Prepared By	Meenakshi Neeharika Mangipudi
Signature	

Photos of the Ceremony:





Bengaluru, KA, India




2nd Cross Road, Sadduguntepalya, Bengaluru,
560029, KA, India

Lat 12.934052, Long 77.606221

10/10/2023 02:31 PM GMT+05:30

Note : Captured by GPS Map Camera


Poster of the Activity



SDG CELL PRESENTS

Mental Health Awareness Stalls on the occasion of

WORLD MENTAL HEALTH DAY



Games stall →

Confessions →

Physical well-being →

Counsellor meet →

October 10, 2023
9:00am - 4:00 pm
Near Central Block

DON'T MISS IT!