

WORKSHOP ON *Basic Counselling Process*

Intended for Graduate, Post Graduate & Research Students
of Psychology, Social Work, Forensic, Journalism & Mental
Health Background

ORGANISED BY
Nodal Office

CHRIST (Deemed to be University)
Trivandrum, Kerala, India
tvm@christuniversity.in

Resource Person
Harikrishnan Alingal

Clinical Psychologist & Assistant Professor
University College, University of Kerala,
Trivandrum, Kerala.

From January
28, 2023.
Every Saturday

06.00PM-08.00 PM /IST

10 HRS, 20 SEATS



CLICK TO REGISTER

<https://forms.gle/wf5prooSe2HVeXh58>

This is an Initiative by Nodal Office , CHRIST (Deemed to be University).

HARIKRISHNAN ALINGAL

Clinical Psychologist & Assistant Professor

Started career as researcher in an Indo-US project funded by National Institute of Health. Has performed the roles of Clinical Psychologist in Sree Chitra Thirunal Institute of Medical Sciences & Technology, NIMS Medicity and an Academician at University of Kerala & Women's college, Thiruvananthapuram.

He has over 15 years experience as clinician, academician and researcher.

WORKSHOP CONTENTS

- *Mental Health*
- *Problems in daily living*
- *Interpersonal Losses*
- *Addiction Counselling*
- *Ethically Sound Approaches*

WORKSHOP OUTCOMES

- *Initial Interviewing Skill Enhancement*
- *Core Process Skill in Counselling*
- *Termination and Follow Ups*

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