

CLOSURE REPORT (NOV 2019)

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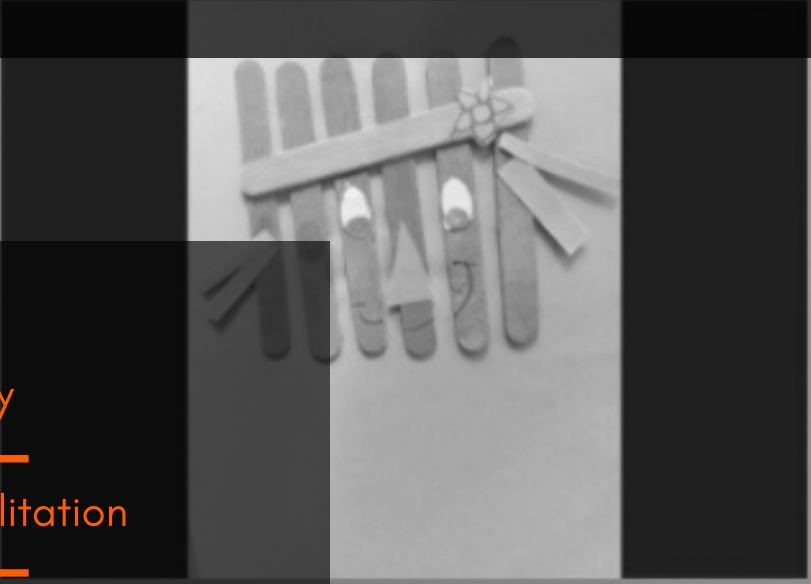
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EXECUTIVE SUMMARY

The program started in the month of September 2018 as a collaboration between Sambhav Foundation and the funding organisation. Saadhya, a vocational training initiative for mentally disadvantaged, took wings by first understanding the needs of the beneficiaries at the Sambhav centre in Vijayanagar, Bangalore.

Seventy nine candidates started receiving different kinds of training. 23 candidates were identified for special vocational training such as making paper bags, candles, liquid soap, disinfectants (phenyl) and compost. Based on needs assessment the other 56 candidates were given formal education and help in improving cognitive skills and formal education by the team. A psychologist, cook and a speech therapist and two trainers for vocational skills were hired to ensure the program progressed according to the needs and terms of the funding.

The program also brought in a doctor every month to check on the health conditions of the beneficiaries. The Sambhav centre was secured with CCTV cameras monitored continuously and also has a guard round the clock.

The centre arranged for setting up stalls across Bangalore to sell the products made by the candidates. The proceeds from the sale were then given to the beneficiaries.

Since its incorporation and receiving the grant in September 2018 Saadhya has been successful in upholding all deliverables on a quarterly basis up until September 2019. Most importantly, the program has been successful in instilling confidence and a higher sense of social security among the beneficiaries.

VOCATIONAL REHABILITATION

Vocational Rehabilitation is a part of continuous and coordinated process of rehabilitation which involves the guidance, vocational training and guided entrepreneurial pursuits designed to enable a differently abled person to secure some income. At Sambhav although there are 79 beneficiaries not all of them could be trained for vocational learning. Some students who were better at motor skills and could follow instructions were chosen and were then given training as a step by step process called 'Therbligs'.

Therbligs are 18 kinds of elemental motions, used in the study of motion economy in the workplace. A workplace task is analyzed by recording each of the therblig units for a process, with the results used for optimization of manual labour by eliminating unneeded movements. The process as a curriculum is decided by the in house psychologist.

Through therbligs, the psychologist was able to break down the process of all the skills to suit the needs of the candidate. Candle making for instance was broken down to steps, such as:

1. Keeping the required materials ready.
2. Cleaning the mould.
3. Tying the candle wick to the mould.
4. Switching on the electric stove.

Breaking down the process helped the psychologist assess the candidates as well.

ABOUT



Sambhav Foundation is a not-for-profit organization working for social justice and empowerment of the weaker section of the society. It is registered under Society Registration Act, 1860 and Bombay Public Trust Act, 1950. It is also FCRA registered and any contribution made to the organization, is tax deductible under ATG. As a social organization, it has a deep-rooted goal to bring about a change in the lives of deprived communities through people's organization and capacity building. It has been actively involved in the awareness activities for weaker communities. It not only conducts educational activities for children under difficult circumstances and street children through non formal education but also trains unskilled workers for their skill development and livelihood generation.



PROJECT SUMMARY

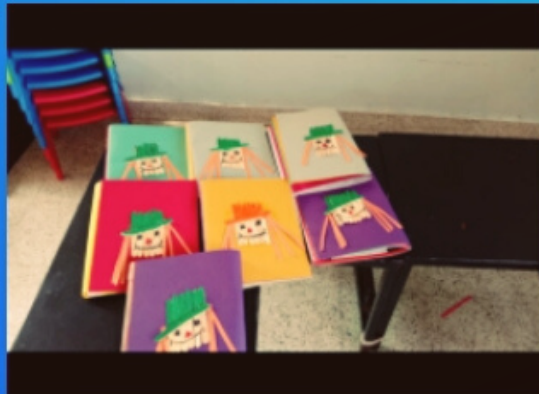
Saadhya is a program on special education and therapy interventions program. It caters to children and youth with disabilities, children with delayed developmental milestones, differently-abled children and adults, slow learners and children with learning disabilities and difficulties. Sambhav Foundation started the project Saadhya in September 2018 at the Sambhav centre in Vijayanagar, Bangalore. It benefitted 79 candidates, of which 24 were female and 55 were male candidates. Different courses were offered to candidates depending on their mental ability and age.

The team, that includes teachers, counsellors, assistants and a cook, was instilled with the work ethic and discipline needed to educate and assist these candidates. Most kids who need immediate focus on motor skills or formal education were provided with the necessary support. In other cases, necessary skill sets were identified through a needs assessment to help them reach their full potential. Some candidates who were at a stage where they could be given vocational learning were provided with the training. They were introduced to progressive skills such as making soap, phenyl, candles, paper bags, and earthen lamps (diyas).

The vocational training, reportedly, infused a sense of pride among the candidates, as they were now able to create new things. They felt a sense of accomplishment when the products made were sold in make-shift temporary shops set up at various locations across Bangalore. The proceeds from the sale were given to the candidates. It enabled them to instil confidence and helped them overcome social anxiety.

SPEECH THERAPY

A psychologist and a speech therapist are hired to assess, diagnose and treat speech and communication disorders and to assess the best ways to improve communication and enhance a child's quality of life. The daily role of the psychologist included assessment, counselling and behavior management of children. It was observed that children suddenly become restless and anxious during the classroom sessions, In such cases the psychologist reached out to the children to keep them calm using repeated one-line instructions to enable the child remember que's. Apart from behavior management, other responsibility of the psychologist included addressing parent's queries, counselling them regularly, making homes notes for parents to take care of the child. The role of speech therapist however was throughout the therapy, to make observations of the child for 3-4 days consistently as per their age and language and also to suggest based on the gaps, defining long term goals for each child, based on the long-term goals sketch out monthly short-term goals.





VOCATIONAL TRAINING

This program was aimed at imparting training to adolescents and adults, aged 15-30, with psychosocial disabilities and intellectual disabilities. At the centers, they learn various work skills, to prepare them for the world of work either in sheltered employment or in open employment. The various vocational skills' training include, data entry, tailoring, candle making, soap making, paper-Bag making, embroidery, phenyl making, diya making, and tea making. All of the above skills are to be learned under supervision of the trainer and other staff.

The candidates are encouraged to attend skill training for multiple trades/vocations to help them identify their interests. This helps the facilitators to understand the inclination and learning capability of the candidate in terms of any particular trade. Once the candidates indicate their liking having gone through the taster sessions for multiple trades, the trainer started the vocational training for that trade as per curriculum.

The program has helped the beneficiaries obtain internships in various places. Sharan (21) worked at an ortho clinic for a month and Naveen (17) along with Vaibhav (16) interned at a laundry shop. Many more students have worked across the year in different places in different roles.

QUALITY ASSURANCE

NAME OF THE INSTITUTE : Sambhav Foundation		1	2	3	4	5	6	7	
NAMES									
ANUSHREE		P		P	P		P	P	
AKASH		P		P	P		P	P	
BABU		P		P	P		P	P	
CHINMAY		P		P	A		P	P	
KEERTHI		P		P	P		P	P	
MADUKAR Madhukar		P		P	P		P	P	
MINAL		A		P	A		A	P	
NADEEM		P		P	P		P	P	
NAVEEN . R .		A		P	P		P	P	
SOWMYA		A		P	A		P	A	
SANGEETHA		A		P	P		P	P	
SHIVSAGAR		P		P	P		P	P	
SUDEEP . G .		P		P	P		P	P	
SHREE KRISHNA SHARAN		A		P	P		P	P	
Number present M		9		14		11		13	
Daily E									
Initials M									
Daily E									

Attendance was taken everyday for all students and staff to ensure that the process of learning is continuous.

All the students were provided with wholesome nutritious meals for lunch and snacks to ensure all the necessary nutrients for the child's development is met for both mental growth and physical strength. The meals included rice, fruits, salads, pulses and snacks such as biscuits and Horlicks. To prepare all of the above the centre also has hired a full time cook.

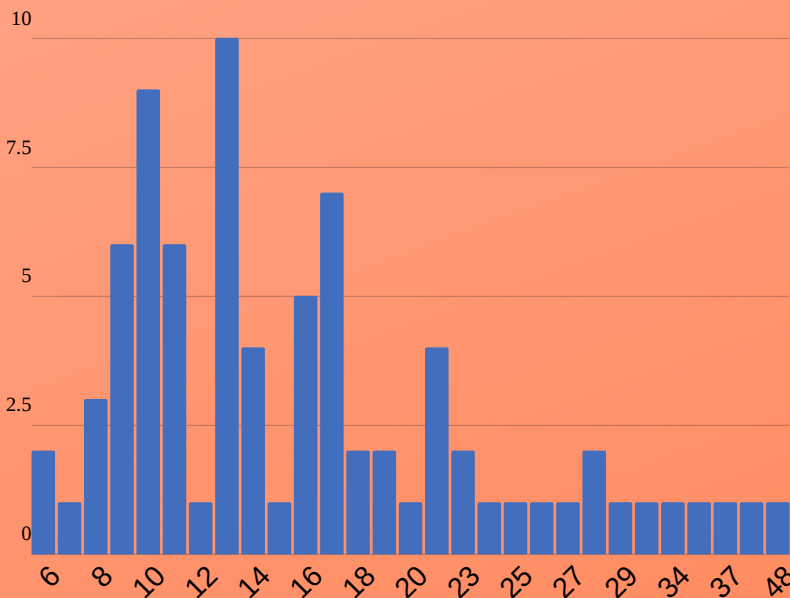
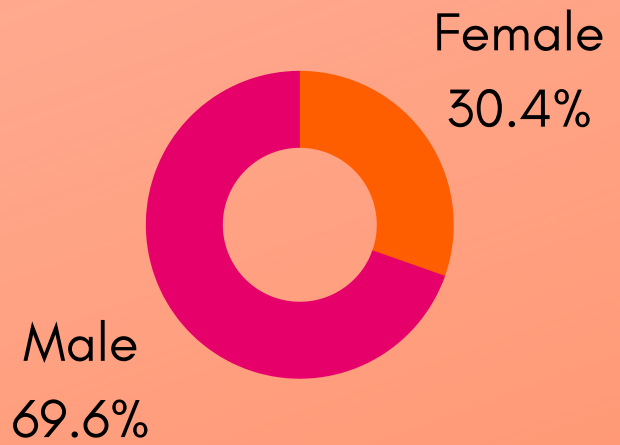
The program also brought in a doctor every month to check on the health conditions of the beneficiaries.

The Sambhav centre is now secured with CCTV cameras monitored continuously and also has a guard round the clock.

KEY FIGURES

GENDER PROFILE

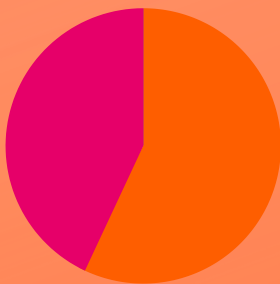
Out of 79 candidates who were a part of the Saadhya program around two-thirds of the beneficiaries were male accounting for an average of 70% and the remaining 30% were female.



AGE PROFILE

Out of a total of 79 beneficiaries, 72% of them are in the 6-18 age bracket. The distribution of age is shown in the graph.

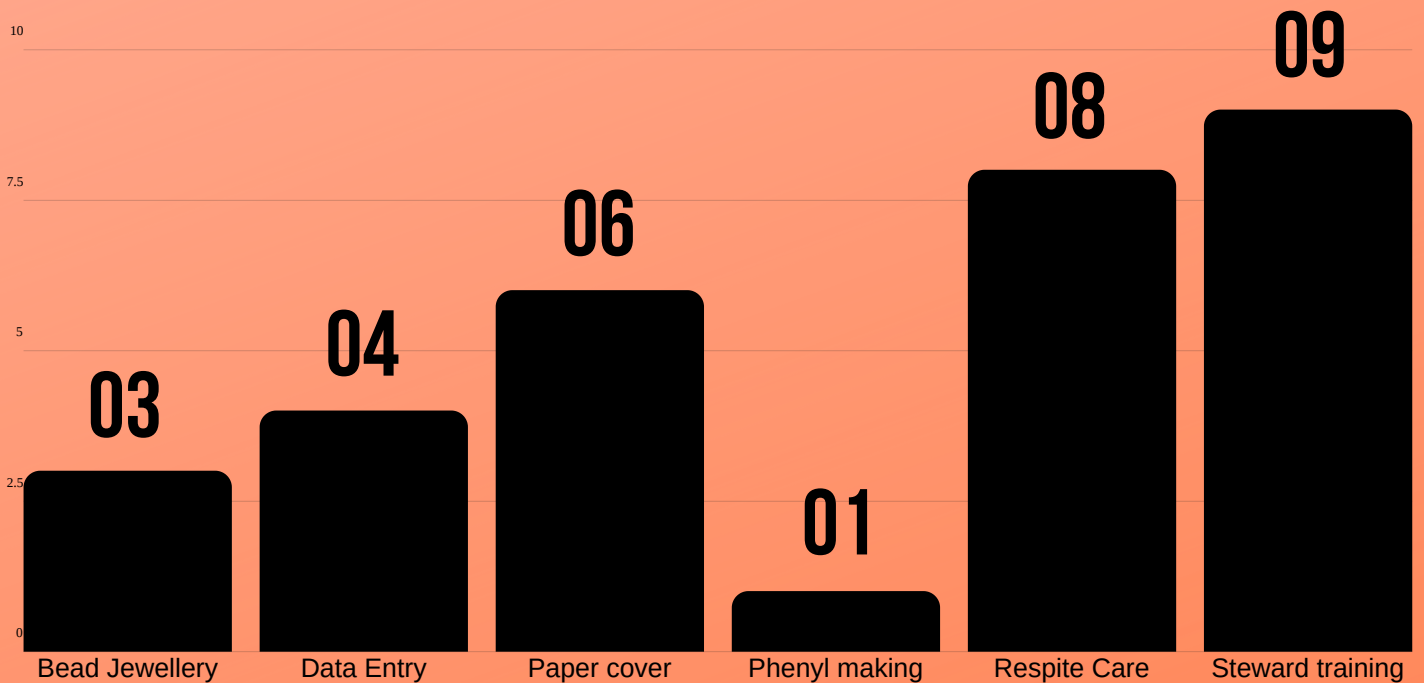
Group
43%



Individual
57%

SPEECH THERAPY

All the 79 beneficiaries were a part of speech therapy sessions. 45 of them had individual sessions while the other 34 participated in groups.



VOCATIONAL PROGRAMS

A total of 9 programs were organised for the beneficiaries who undertook vocational training. 25 beneficiaries undertook one program, one of them undertook two programs and rest 5 undertook 3 programs. The vegetable cutting program was undertaken by the 6 beneficiaries who took up more than one program. The third program undertaken by the 5 beneficiaries was candle making (3), phenyl making (1) and tailoring (1).

The products made were sold at various locations across Bangalore which resulted in sweeping number of units sold including 5100 lts of phenyl, 950 lts of liquid soap and a whopping 10000 earthen lamps.



ALIGNMENT WITH SDG'S

SDG 4

Quality Education

TARGET 4.4:

By 2030, substantially increase the number of youth and adults who have relevant skills, including technical and vocational skills, for employment, decent jobs and entrepreneurship.

ACTIVITY:

Vocational Training Programs conducted for children enabled 23 candidates learn skills. The skills learnt also created an opportunity for the candidates to find internships and jobs.

Good jobs and Economic Growth

T A R G E T 8 . 2 :

Achieve higher levels of economic productivity through diversification, technological upgrading and innovation, including through a focus on high-value added and labour-intensive sectors.

A C T I V I T Y :

Training candidates in vocational skills which enables increase in economic productivity through technological upgradation for candidates who otherwise wouldn't have employment.

**SDG
08**

T A R G E T 8 . 3 :

Promote development-oriented policies that support productive activities, decent job creation, entrepreneurship, creativity and innovation, and encourage the formalization and growth of micro-, small- and medium-sized enterprises, including through access to financial services.

A C T I V I T Y :

Training candidates in vocational skills which enables increase in economic productivity through technological upgradation for candidates who otherwise wouldn't have employment and enabling them to create a micro enterprise of their own.

T A R G E T 8 . 5 :

By 2030, achieve full and productive employment and decent work for all women and men, including for young people and persons with disabilities, and equal pay for work of equal value.

A C T I V I T Y :

Training candidates who are of lesser mental age in vocational skills which enables increase in economic productivity through technological upgradation for candidates who otherwise wouldn't have employment and enabling them to create a micro enterprise of their own.

T A R G E T 8 . 6 :

By 2020, substantially reduce the proportion of youth not in employment, education or training.

A C T I V I T Y :

Providing formal education, vocational training and opportunity to pursue education through National Institute of Open Schooling (NIOS), thereby reducing the number of youth not in employment, education or training.

Reduce inequality within and between countries

T A R G E T 1 0 . 1 :

By 2030, progressively achieve and sustain income growth of the bottom 40 percent of the population at a rate higher than the national average.

A C T I V I T Y :

Providing employment opportunity to the candidates in the form of internships, by setting up stalls for selling the produce and giving the proceeds to the candidates.

Partnerships to achieve the goals

T A R G E T 1 7 . 1 6 :

Enhance the global partnership for sustainable development, complemented by multi-stakeholder partnerships that mobilize and share knowledge, expertise, technology and financial resources, to support the achievement of the sustainable development goals in all countries, in particular developing countries.

T A R G E T 1 7 . 1 7 :

Encourage and promote effective public, public-private and civil society partnerships, building on the experience and resourcing strategies of partnerships.

A C T I V I T Y :

Partnership between Sambhav Foundation and the funding organisation to mobilize and share knowledge and financial resources to support children in need.

SDG
10

SDG
17

APPENDIX

Team

Trainer Profile

Psychologist C V

THE TEAM



CHANDRAKALA

Trainer



GOWRAMMA

Trainer



E S BHARATH

Centre Manager



ASHWINI

Psychologist

TRAINER PROFILE

The trainers for Saadhya have been associated with Sambhav since its inception. A decade long experience has enabled them to apply the knowledge in simulating apt levels of skills among the beneficiaries in the range of vocational training.

The two trainers Gowramma and Chandrakala have built strong bond with the candidates facilitating their needs while enabling them to create products like paper bags, candles and diyas.