



Notice for the PhD Viva Voce Examination

Ms Anjali Miriam Dey (Registration Number: 1750082), PhD scholar at the School of Social Sciences, CHRIST (Deemed to be University), Bangalore will defend her PhD thesis at the public viva-voce examination on Thursday, 21 September 2023 at 9.00 am in Room No. 044, Ground Floor, R & D Block, CHRIST (Deemed to be University), Bengaluru - 560029.

- Title of the Thesis** : **School Counseling in India: School Counselor Roles, Policy, and Implementation**
- Discipline** : **Psychology**
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The members of the Research Advisory Committee of the Scholar, the faculty members of the Department and the School, interested experts and research scholars of all the branches of research are cordially invited to attend this open viva-voce examination.

Place: Bengaluru

Date: 15 September 2023

Registrar

ABSTRACT

With a lack of comprehensive policy and literature on stakeholders' perspectives and the counseling program's implementation, there is much to be known about the present status of school counseling in India. Three research questions examined in two phases were the perception of actual and preferred roles of the school counselors from the perspective of school administrators, school counselors, teachers, students, and parents; awareness and implementation of school counseling policy from the perspective of administrator and counselors; and implementation of the school counseling program. Quantitative phase I met objectives one and two using cluster sampling to select 1029 participants. School administrators and counselors completed the Survey on Knowledge and Implementation of Policies Regarding School Counseling which was developed and validated by two experts in the study. All participants completed the International Survey of School Counselor Activities (ISSCA) (Fan, Carey, Thomas, Griffith, Wells, He, & Niu, 2018). Statistical analysis included descriptive statistics, the Kruskal-Wallis H test, and post-hoc Bonferroni-Dunn. Qualitative phase II met objective three using purposive sampling to recruit 14 participants for a semi-structured interview. Qualitative content analysis indicated that school counseling in India is still developing, with inconsistencies in understanding the counselor's role among stakeholders. There were differences in awareness and knowledge about the responsibility of implementing school counseling policies. School counseling program was affected by role ambiguity, stigma about mental health issues, lack of comprehensive structure to the counseling program, and lack of research and evaluation. Implications of the study are discussed.

Keywords: school counselor roles, stakeholders, school counseling system, multi-stage cluster sampling, South India

Publications:

1. **Dey, A. M., & Kumar, A. (2020).** Physical framework for a counselling environment in India: Thematic analysis of counsellors' perceptions. *Counselling Psychotherapy and Research*, 1-10. doi: 10.1002/capr.12299
2. Thomas, E., & **Dey, A. M. (2020).** Role of school counselors and the factors that affect their practice in India. *Journal of School-Based Counseling Policy and Evaluation*, 2(1). doi: 10.25774/t4b6-9880