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Notice for the PhD Viva-Voce Examination

Ms Anu Anns Pious (Registration Number: 1880701), PhD scholar at the School of Social Sciences, CHRIST (Deemed to be University), Bangalore will defend her PhD thesis at the public viva-voce examination on Wednesday, 08 May, 2024 at 10.00 am in Room No. 044, Ground Floor, R & D Block, CHRIST (Deemed to be University), Bengaluru - 560029.

- Title of the Thesis** : **Sexual Function and Sexual Satisfaction among Non-Working Married Women in Bengaluru**
- Discipline** : **Social Work**
- External Examiner (Outside Karnataka)** : **Dr Renjith R Pillai**
Associate Professor
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- External Examiner (Within Karnataka)** : **Dr Aravind Raj E**
Associate Professor
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- Supervisor** : **Dr Amaresha C**
Associate Professor
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The members of the Research Advisory Committee of the Scholar, the faculty members of the Department and the School, interested experts and research scholars of all the branches of research are cordially invited to attend this open viva-voce examination.



Registrar

Place: Bengaluru
Date: 04 May 2024

ABSTRACT

Sexual function and satisfaction are two important components of sexual health of women. This study aims to explore the factors of sexual function and satisfaction among non-working married women in Bengaluru using an exploratory sequential research study with two phases and highlighting the implications for social work practices. The first phase was a qualitative exploratory study that adopted an inductive thematic data analysis. In-depth qualitative interviews were conducted with 11 married women. The audio recorded data were transcribed and then analysed with ATLAS.ti software. The results were presented thematically. The second phase was a cross-sectional survey of 180 married women. The data were collected through semi-structured interviews.

The main outcome variables were measured by Female Sexual Function Index, and the New Sexual Satisfaction scale. Multiple regression analyses were conducted with jamovi v2.3. to find the predictors of both sexual function and satisfaction. The qualitative study found bio-psycho-social factors which classified into Somatic and personal factors, Factors related to the mind, and Situational and extrinsic factors. The quantitative study found that physical, psychological, couples characteristics-related, family, and socio-cultural factors together predict 17.3% and 78.6% variance in sexual function and sexual satisfaction respectively. It implied the need for social work interventions to promote healthy lifestyles and suggest changes in social work curriculum and training to deal with the sexual health aspects of women. Further longitudinal studies with larger samples needs to establish the relationship between these predictors and sexual function and satisfaction.

Keywords: Women, Sexuality, Sexual Function, Sexual Satisfaction, Social Work Practices

Publications:

1. Pious, A.A., & Amaresha A.C. (2024). Exploring Factors of Sexual Function and Sexual Satisfaction Among Nonworking Women: A Qualitative Study. *Journal of Psychosexual Health*, 5(4), 208-215. <https://doi.org/10.1177/26318318231221932>
2. Pious, A.A., & Amaresha A.C. (2023). Menstrual, Sexual, and Reproductive Health of Married Women: A cross-sectional study. *Education and Society*, 47(1), 186-192. ISSN 2278-6864